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DAV PUBLIC SCHOOL, SAMANA

(Senior Secondary)

CBSE Affiliated (1630571)

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STUDY PLAN

Class 10th

Class 10						
Name						
Section						
Roll No.						
Adm. No						

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Principal Message

"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"



Dr. Mohan Lal Sharma Founder Principal

Dear Students

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Poonam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

Blessings,

Dr. Mohan Lal Sharma

Principal

STUDY PLAN - AN IMPORTANT TOOL

Study plan is a technique that enables you to make the most efficient use of your time, resources and academic potentials. As we journey together, you may face many challenges and to enable you to overcome the obstacles we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Make this planner a part of your schedule for getting success this year.

GREEN RULES

- ❖ Be kind, polite, helpful and aware of others' feelings.
- * Try your best, work hard and learn from your own mistakes.
- * Respect your educators.
- ❖ Make yourself presentable.
- ❖ Take responsibility for your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Stick to your goals.

GENERAL INSTRUCTIONS (FOR PARENTS)

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/ Supervisor/ Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/ Supervisor/ Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate may be sent along with an application on the same or next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to produce a fitness certificate from a Medical Practitioner / Doctor on joining.
- Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.
- ❖ Ensure that the child maintains personal hygiene, has nutritious breakfast and diet and avoids eatables from roadside vendors.

- ❖ Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign the school diary daily. Daily assignment, irregularity in
 - a) Completion of assignment
 - b) Bringing of Books.
 - c) Wearing proper uniform, or any other instruction and circulars given should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimate complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches, nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction

MODE OF EXAMINATION

- 1. The First Term examination will be held in the month of September and Annual examination will be held in the month of February / March.
- 2. Grading System is in the paper of Music / Dance, G.K., Naitik Shiksha, Health & Physical Education.
- 3. A student must pass separately in both (Written+ Practical) exams.
- 4. Duration of each paper will be of three hours.



TEACHER SHOULD KEEP IN MIND

- 1. Use a variety of tools (Oral, Projects, Presentation).
- 2. Understand different learning styles and abilities.
- 3. Develop child's individual's skills, interests, attitudes and motivation.
- 4. Monitor the changes taking place in a child's learning, behavior and progress over time.
- 5. Share the assessment criteria with the students.
- 6. Allow peer and self-assessment.
- 7. Give an opportunity to the students to improve.
- 8. Use an "Indoor Voice" when speaking in the class.

Examination Instruction

- 1. Students MUST reach the exam centre in time.
- 2. No student will be allowed to enter in the examination centre after time will be over.
- 3. Students are required to bring their own pen, pencil and ink. Only blue black or royal blue ink / ball point pen is to be used.
- 4. No student, without permission of the Invigilators/Duty teacher, shall leave his / her seat or the Examination Hall until the end of the examination. No student shall speak without permission. If it is necessary for the candidate to communicate, he/she shall stand up in his / her place.
- 5. Answer shall be written on both sides of the answer book supplied to the candidate and on the both side of the answer book. No candidate shall tear out any leaf from the answer book.
- 6. If a student write his / her roll no. or put any special mark in any part of the answer book or drawing sheet, map etc. other than the space provided for the purpose he will render himself liable to have his/her paper cancel.
- 7. Students can be physical search by the center duty teacher before or during the examination at any time.
- 8. The student shall not ask for supplementary answer sheet till the main answer book / the earlier supplementary answer book is filled.

- 9. Apart from what is stated to be unfair means in the rules, regulations and Bye-Laws of the Board, if a candidate during the course of examination, is found indulging in any of the following, he/she shall specifically be deemed to have used unfair means at the examinations and as such his/her result shall not be declared but shall be marked as UNFAIRMEANS (U.F.M.):
 - a) Having in possession any item or article which has been prohibited in examination centre or may be used for unfair practices including any stationery item, communication device, accessories, eatable items, ornaments or any other material or information relevant or not relevant to the examination in the paper concerned.

VALUE EDUCATION

APRIL

Courtesy & Co-operation:

Recognition of mutual interdependence with others resulting in Polite treatment and respect.

- Politeness
- Sympathy
- Civility
- Collaboration
- Assistance

MAY

Kindness & Generosity:

Concern for suffering or distress of others.

- Affection
- Decency
- Gentleness
- Altruism
- Support

JUNE

Accountability & Commitment: Responsibility for one's actions and their consequences.

- Liability
- Blame worthiness
- Answerability
- Promise
- Responsibility

TOPIC

JULY

Nurture the Nature/

Conservation:

Avoid wastage and pollution of Natural resources.

- Natural Environment
- Care and Conservation of Land,
 Clean Air and Pure Water

AUGUST

Honesty & Integrity:

The quality or fact of being truthful, upright & fair.

- Truthful
- worthy of confidence
- Trustworthy
- Patient
- Sincere

SEPTEMBER

Safety & Security:

Condition of being protected from danger or risk.

- Immunity
- Assurance
- Defence
- Protection
- Precautions

OCTOBER

Respect & Forgiveness:

Treat others the way you like to be treated. Care for others and Environment.

- Respect for Creator
- Respect for Others
- Respect for authority
- Respect for environment
- Respect for health

NOVEMBER

Tolerance & Acceptance:

To respect someone's Belief & Choices.

- Tolerate Others
- Co-operate and Encourage Others
- Empathy for others
- Harmony

DECEMBER

Care & Compassion:

Concern for Sufferings of others & being Sympathetic.

- Love for Living Beings
- Attitude of Kindness
- Generous
- Courtesy
- Empathy
- Self-Heartedness

JANUARY

Loyalty & Patriotism:

Faithfulness to a person, institution, custom or idea to which one is bound by duty, pledge or a promise.

- Faithfulness
- Dutiful
- Steadfast
- Trustfulness
- Trustworthy
- Patriotic

FEBRUARY

Time Management:

Ability to use one's time effectively.

- Right Activity
- Effective Planning
- Setting Deadlines
- Setting Goals & Objectives

MARCH

Excellence / Doing Your Best: Strive to achieve best at all times and to be good.

- Be Curious
- Help others to improve
- Focus on Task
- Identify Your Goals
- Hard Work

ENGLISH

BOOKS PUBLICATION

1. First Flight 1. NCERT

2. Footprints Without Feet 2. NCERT

3. BBC Compacta Communication English

"AN ENGLISH LANGUAGE IS A VISION OF LIFE."

"WRITE TO BE UNDERSTOOD, SPEAK TO BE HEARD, READ TO GROW."

IMPORTANCE OF ENGLISH

ENGLISH "THE GLOBAL LANGUAGE"

The study of English in this age of globalization is essential for all. It holds an important place in our life. From the pragmatic point of view, it should receive a great boost. English serves as a window to the world. The legacy of English Language has left an indelible imprint on the Indian Psyche. Hence, we cannot deal with English just as a foreign language. The entire spectrum of education and philosophy, science and technology has been benefited through the introduction of English language. In a multilingual state of ours, English may wonderfully serve as an effective auxiliary language. This language enjoys the most prestigious reputation in the world. It has a special identity in the field of education.

AIMS & OBJECTIVES:

To enable the students -

- 1. To communicate effectively and appropriately in real life situations.
- 2. To read silently at varying speeds depending on the purpose of reading.
- 3. To express ideas in clear and grammatically correct English, using appropriate punctuation and cohesion devices.
- 4. To use an appropriate style and format to write letters (formal and informal), biographical sketches, dialogues, speeches, reports, articles, e-mails and diary entries.
- 5. To adopt different strategies according to the purpose of listening (e.g. for pleasure, for general interest, for specific information).
- 6. To speak intelligibly using appropriate word stress, sentence stress and intonation patterns.
- 7. To take active part in group discussions, showing ability to express agreement or disagreement, to summarize ideas, to elicit the views of others, and to present own ideas.
- 8. To frame questions so as to elicit the desired response, and respond appropriately to questions.

INSTRUCTIONS FOR THE TEACHERS:

- 1. It is necessary that teacher's voice should be audible and clear.
- 2. It is mandatory to prepare the teaching content in advance.
- 3. All the instructions should be given in English Language.
- 4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc.
- 5. Test will be there at the end of every Chapter.

INSTRUCTIONS FOR THE STUDENTS:

- 1. Students must converse in English Language.
- 2. Students will not speak in Hindi or Punjabi Language.
- 3. Students must follow all the instructions of the teacher.
- 4. Students must maintain one test notebook for whole year.

NOTE:-

1. Notebooks of Whole Syllabus must be kept carefully for Assessment and Revision for Annual Examination.

FIRST TERM (APRIL TO SEPTEMBER)

APRIL

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
First Flight	Lesson -1 (A Letter to God)	3	Subject Enrichment Activity - Fill the Money Order	Textbook
First Flight	Poem -1 (Dust of Snow)	2	Recitation & Discussion Method	Textbook
First Flight	Poem -2 (Fire and Ice)	1	Recitation & Discussion Method	Textbook
First Flight	Lesson – 2 (Nelson Mandela: Long Walk to Freedom)	4	Self - Reading, Explanation Method	Textbook
Footprints Without Feet	Lesson – 1 (A Triumph of Surgery)	3	Self - Reading, Explanation Method	Textbook
Footprints Without Feet	Lesson – 2 (The Thief's Story)	3	Self - Reading, Explanation Method	Textbook

STUDY PLAN		3	Class-	10 th (2020-21)
Writing	Letter Writing	2	Explanation of Formats	E-Smart Board
Grammar Topics	Editing / Omission of the passage + Gap Filling	1		E-Smart Board
MAY				
Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
First Flight	Poem -3 (A Tiger in the Zoo)	2	Subject Enrichment Activity - Speech on - 'Save Tiger'	Textbook
First Flight	Lesson – 3 (Two Stories About Flying:- Part – 1 – His First Flight)	3	Art Integration Activity Picture Description of Chapter	Textbook
First Flight	Lesson – 3 (Two Stories About Flying:- Part – 2 – Black Aeroplane)	3	Self - Reading, Explanation Method	Textbook
First Flight	Poem – 4 (How to tell Wild Animals)	2	Recitation & Discussion Method	Textbook
First Flight	Poem – 5 (The Ball Poem)	2	Recitation & Discussion Method	Textbook
Footprints Without Feet	Lesson – 3 (The Midnight Visitor)	3	Art Integration Activity - Mystery Vocabulary Crossword Worksheet	Textbook
Footprints Without Feet	Lesson – 4 (A Question of Trust)	3	Self - Reading, Explanation Method	Textbook
Writing	Analytical Paragraph	1		E-Smart Board
Grammar Topics	Dialogue Writing / Reporting a Dialogue	2		E-Smart Board

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DAV Public School, Samana (CBSE Affiliated)

JUNE SUMMER VACATION + PREPARATION OF PERIODIC TEST

JULY

Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
Lesson – 4 (From the Diary of Anne Frank)	4	Listening Skills	Textbook
Poem – 6 (Amanda)	2	Recitation & Discussion Method	Textbook
Lesson – 5 (The Hundred Dresses – I)	3	Self - Reading, Explanation Method	Textbook
Lesson – 6 (The Hundred Dresses – II)	3	Self - Reading, Explanation Method	Textbook
Lesson – 5 (Footprints Without Feet)	3	Art Integration Activity – Newspaper Report Writing (Based on Theft)	Textbook
	Name of Chapter Lesson - 4 (From the Diary of Anne Frank) Poem - 6 (Amanda) Lesson - 5 (The Hundred Dresses - I) Lesson - 6 (The Hundred Dresses - II) Lesson - 5 (Footprints	Name of Chapter Lesson - 4 (From the Diary of Anne Frank) Poem - 6 (Amanda) Lesson - 5 (The Hundred Dresses - I) Lesson - 6 (The Hundred Dresses - II) Lesson - 5 (Footprints 3	Name of Chapter Lesson - 4 (From the Diary of Anne Frank) Poem - 6 (Amanda) Lesson - 5 (The Hundred Dresses - I) Lesson - 6 (The Hundred Dresses - II) Lesson - 5 (Footprints Art Integration Activities + Tools & Techniques Listening Skills Recitation & Discussion Method Self - Reading, Explanation Method Self - Reading, Explanation Method Art Integration Activity - Newspaper Report Writing

AUGUST

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
First Flight	Poem – 7 (Animals)	2	Recitation & Discussion Method	Textbook
First Flight	Lesson – 7 (Glimpses of India – I – A Baker from Goa)	3	Art Integration Activity - Travel Brochure of Goa, Mysore & Assam	Textbook
First Flight	Lesson – 7 (Glimpses of India – II – Coorg)	3	Self - Reading, Explanation Method	Textbook
First Flight	Lesson – 7 (Glimpses of India – III – Tea from Assam)	2	Self - Reading, Explanation Method	Textbook
First Flight	Poem – 8 (The Trees)	2	Subject Enrichment Activity - Informal Letter Writing on	Textbook

STUDY PLAN		3 ⁿ Class-	10th (2020-21)	
			'The Effects of Deforestation'	
Footprints Without Feet	Lesson – 6 (The Making of a Scientist)	3	Self - Reading, Explanation Method	Textbook

SEPTEMBER REVISION + LISTENING AND SPEAKING SKILLS HALF YEARLY EXAMINATION SECOND TERM (OCTOBER TO MARCH)

OCTOBER

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
First Flight	Lesson - 8 (Mijbil the Otter)	3	Subject Enrichment Activity Worksheet of completion of Letter based on Chapter	Textbook
First Flight	Poem – 9 (Fog)	1	Recitation & Discussion Method	Textbook
First Flight	Lesson – 9 (Madam Rides the Bus)	3	Self - Reading, Explanation Method	Textbook
First Flight	Poem -10 (The Tale of Custard the Dragon)	2	Recitation & Discussion Method	Textbook
First Flight	Lesson -10 (The Sermon at Benares)	3	Art Integration Activity - Write the Teachings of Buddha on Assignment Sheets	Textbook
Footprints Without Feet	Lesson - 7 (Necklace)	3	Self - Reading, Explanation Method	Textbook
Footprints Without Feet	Lesson – 8 (The Hack Driver)	3	Self - Reading, Explanation Method	Textbook
Writing	Letter Writing	2		E-Smart Board
Grammar Topic	Gap Filling + Editing / Omission of the passage	1		E-Smart Board

NOVEMBER

Book Name	Chapter No./ Name of Chapter	No. of Periods	Subject Enrichment / Art Integration Activities + Tools & Techniques	Teaching Aids
First Flight	Poem – 11 (For Anne Gregory)	2	Recitation & Discussion Method	Textbook
First Flight	Lesson -11 (The Proposal)	4	Art Integration Activity - Draft a Classified Advertisement	Textbook
Footprints Without Feet	Lesson – 9 (Bholi)	3	Self - Reading, Explanation Method	Textbook
Footprints Without Feet	Lesson – 10 (The Book that Saved the Earth)	4	Subject Enrichment Activity - Discussion on Importance of Reading	Textbook
Grammar Topics	Dialogue Writing / Reporting a Dialogue	1		E-Smart Board

DECEMBER REVISION +
LISTENING AND SPEAKING SKILLS

JANUARY AND FEBRUARY :- REVISION
PRE- BOARD EXAMINATION

MARCH

ANNUAL EXAMINATION

हिंदी

पुस्तकें :

- .1 क्षतिज) २-एन.सी.ई.आर.टी(
- .2कृतिका) २ -एन.सी.ई.आर.टी(
- .उट्याकरण प्रकाश

हिंदी :भाल की बिंदी

निज भाषा उन्नित अहै ,सबे उन्नित को मूल । बिन निज भाषा ज्ञान के , मटत न हिय को सूल ॥

भारत एक बहुआषी देश है जिसमें बहुत सी भाषाओं का समावेश है ।भा षक और सांस्कृतिक हिष्टि से भन्न होने के बावजूद भारतीय परम्परा बहुत कुछ ऐसा है जो एक दूसरे को जोड़ता है।यही कारण है क मातृभाषा के रूप में यह भाषा सभी को एकता के सूत्र में परोती है । बचपन से हिंदी पढ़ता आ रहा बच्चा नवीं ,दसवीं तक हिंदी भाषा में निपुण हो जाता है । वह एक ओर जहाँ हिंदी भाषा से सारे देश से जुड़ेगा वहीं दूसरी ओर अपने क्षेत्र और परिवेश को हिंदी भाषा के माध्यम से जानने की को शश भी करेगा क्यों क कशोरावस्था के इन बच्चों के मान सक धरातल का वकास वश्व -स्तर तक पहुँच चुका होता है ।प्रयास यह होगा क वद्यार्थी भाषा के लखत प्रयोग के साथ सहज व स्वाभा वक मौ खक अ भव्यक्ति में भी सक्षम हो सके।

<u>हिंदी भाषा पढने । पढाने के मुख्य उद्देश्य</u>

- 1. भाषा के शुद्ध एवं प्रभावशाली प्रयोग की क्षमता वक सत करना |
- 2. शब्द भंडार की वृद्ध तथा व्याकरण का सम् चत ज्ञान |
- 3. दैनिक जीवन में हिंदी समझने बोलने के साथ साथ लखने की क्षमता का वकास -करना |
- 4. हिंदी के माध्यम से अपने अनुभव को संसार को लखकर सहज अ भव्यक्ति कर पाने की क्षमता का वकास करना |
- 5. बच्चों में रट्टा प्रवृति को कम कर के सोच समझ कर स्वयं कार्य करने की क्षमता का वकास करना।
- 6. भाषा के चारों कौशलों का वकास उत्तरोतर ,बोलना ,पढ़ना , लखना व चंतन) सुनना (| करना
- 7. स्वतंत्र और मौ खक रूप से अपने वचारों की अ भव्यक्ति का वकास करना |
- 8. अपनी मातृभाषा और परिवेशगत भाषा को साथ रख कर हिंदी की संरचनाओं को समझना

अध्यापकों के लए सामान्य निर्देश:

- 1. अध्यापक पहले से ही पाठ| योजना तैयार करें -
- 2. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए |
- 3. जाँच कार्य समय अनुसार और सतर्कता पूर्वक होना चाहिए |
- 4. सभी अध्यापक वद्या थेयों के पठन कौशल में वशेष ध्यान दें |

वद्या थयों के लए सामान्य निर्देश:

- 1. बच्चे पाठ के पठन पर वशेष ध्यान देंगे।
- 2. ल खत कार्य करते समय लखाई सुंदर एवं स्पष्ट होनी चाहिए |
- 3. शब्दों की बनावट और मात्राओं पर वशेष ध्यान दें
- 4. वद्यार्थी कक्षा में अनुशा सत ढंग से पठन | पाठन प्र क्रया में भाग लें -

नोट -:

- *वर्ष भर में तीन आव धक परीक्षाएँ आयोजित की जाएँगी |
- *नोटबुक प्रस्तुतिकरण में निय मतता ,कार्यपूर्ति,स्वच्छता और रख-रखाव को जाँचा जाएगा |
- * वषय सवर्धन गति व ध में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा
- *सत्र के अंत में %100 पाठ्यक्रम मूल्यांकन में शा मल कया जाए |

निम्न पाठों से प्रश्न नहीं पूछे जाएँगे :

क्षतिज

: कृतिका

पाठ 3 -काव्य खंड

पाठ 4-: एही ठैया झुलनी हे रानी हो रामा

पाठ 4-आत्मकथ्य

पाठ 5-: मैं क्यों लखता हूँ ?

पाठ) 15-स्त्री शक्षा के वरोधी कुतर्कों का खंडन

पाठ) 17-संस्कृति

STUDY PLAN			<u> </u>	Class- 10 th (2020-21)
SIUDI LIWIN			_	, , ,
		учн	सत्र (अप्रैल से स	तबर तक)
अप्रैल				
<u> </u>	1	·	T	,
पुस्तक का	पाठ का	कालांश	वषय-संवर्धनध्कला	सहायक सामग्री
नाम	नाम और		एकीकृत गति व ध	
	वषय			
क्षतिज	पाठ १०-नेता	6	स्वतंत्रता सेनानियों की	पाठ्य पुस्तक
	जी का		सूची बनाना	
	चश्मा)लेखन कौशल (
क्षतिज	पाठ 11-	6	कबीर काव्य की	दृश्यात्मक प्रस्तुतिकरण
	बालगोबिन		वशेषताएँ)वाचन कौशल (-
	भगत			
*ट्याकरण	पद -	3		ई-स्मार्ट
	परिचय		-	
मई				
पुस्तक का	पाठ का	कालांश	वषय-संवर्धनध्कला	सहायक सामग्री
नाम	नाम और		एकीकृत गति व ध	
	वषय			
कृतिका	पाठ १-माता	6	बचपन की मीठी यादों	सम्बं धत पुस्तकें
	का अंचल		की चर्चा करना	
क्षतिज	पाठ 12-	5	नवाबों की जीवन शैली	दृश्यात्मक प्रस्तुतिकरण
	लखनवी		पर चर्चा	
	अंदाज			
क्षतिज	पाठ 1-	5	सूरदास का परिचय*	ई ऱ्मार्ट
	सूरदास के		रचनात्मक लेखन	
	पद			
*व्याकरण	वाक्य भेद	3		ई -स्मार्ट
	तथा पत्र			
	लेखन			

STUDY PLA	N		3/	Class- 10th (2020-21)
जून	—— ग्रीष्म अव	काश तथा	जुलाई में होने वाले आ	व धक परीक्षण की
तैयारी			_	
जुलाई				
पुस्तक	पाठ का नाम और	कालांश	वषय-संवर्धनध्कला	सहायक सामग्री
का नाम	वषय		एकीकृत गति व ध	
क्षतिज	ਧਾਰ 2-	6	चौपाई /दोहा गायन	– ई∗स्मार्ट
	राम-लक्ष्मण-			
	परशुराम संवाद			
कृतिका	पाठ २-जॉर्ज	5	नाक पर दस मुहावरे	दृश्यात्मक प्रस्तुतिकरण
	पंचम की नाक		लखना)लेखन कौशल (
क्षतिज	पाठ 5-उत्साह ,	4	*ऋतुओं की चर्चा	पाठ्य पुस्तक
	अट नहीं रही है			
व्याकरण	संदेश लेखन	2		ई स्मार्ट-
अगस्त			•	
पुस्तक का	पाठ का नाम	कालांश	वषय-संवर्धनध्कला	सहायक सामग्री
नाम	और वषय		एकीकृत गति व ध	
क्षतिज	पाठ ६-यह	4	*फसल पैदा करने के	पाठ्य पुस्तक
	दन्तुरित		कारकों का वर्णन करना	
	मुस्कानए			
	फसल			
क्षतिज	पाठ 13-	5	मेरा देश भारत पर निबंध	पाठ्य पुस्तक
	मानवीय)लेखन कौशल (
	करुणा की			
	दिव्य चमक	2		
*व्याकरण	3	3	वज्ञापन लेखन	ई-स्मार्ट
	लेखन तथा			
<u> </u>	वज्ञापन लेखन			

STUDY PLAN			<u>3</u> 0		Class- 10 th (2020-21)
व्याकरण	वाच्य परिवर्तन	4		का	र्य प्रपत्र
	तथा रस और				
	उसके अवयव				
सतंबर	दोह	राई तथा	अर्धवा र्षक परीक्षा	1	
					
	વ્	वताय सः	त्र अक्तूबर से मार्च	तक	
अक्टूबर					
पुस्तक का	पाठ का नाम	कालांश	वषय-संवर्धनः कला	सहायक	सामग्री
नाम	और वषय		एकीकृत गति व ध		
क्षतिज	पाठ 14-एक	6	स्वतंत्रता आंदोलन में	दृश्यात्म	क प्रस्तुतिकरण
	कहानी यह	:	योगदान देने वाली		
	भी		महिलाओं की सूची		
			बनाना		
कृतिका	पाठ ३-साना-		प्राकृतिक सुन्दरता	दृश्यात्म	क प्रस्तुतिकरण
	साना हाथ	-	बनाए रखने वाले		
	जोड़ी		कारकों का वर्णन करना		
क्षतिज	पाठ ७-छाया	4	अतीत की बातों को*	सम्बं ध	त पुस्तकें
	मत छूना	7	छोड़कर वर्तमान में		
	.,		चर्चा जीना		
*व्याकरण	वाक्य भेद	2		ई –स्म	नार्ट
	तथा पद-				
	परिचय				
नवम्बर					
पुस्तक का	पाठ का नाम	कालांश	वषय-संवर्धनः कला एव	 गेकृत	सहायक सामग्री
नाम नाम	और वषय		गति व ध	J	
क्षतिज	पाठ 16-नौबत	6	भारत रत्न वजेता दस महान ई समार्ट		ई ₹मार्ट
	खाने में इबादत	-	व्यक्तियों का वर्णन क	रना	
क्षतिज	पाठ 8 –कन्या	4	माँ -बेटी के संबंधों पर	चर्चा	पाठ्य पुस्तक
	दान				
	ı	l	ı		

STUDY PLAN			30	Class- 10 th (2020-21)	
क्षतिज	ਧਾਠ 9 –	5	*अपठित गदयांश	कार्य प्रपत्र	
	संगतकार				
*ट्याकरण	रस तथा वाच्य	4		ई -स्मार्ट	
	परिवर्तन				
दिसंबर ६	दिसंबर ६ जनवरी /फरवरी कये गए पाठ्यक्रम की दोहराई तथा				
प्री -बोर्ड परीक्षा					
मार्च	मार्च वा र्षक परीक्षा				

MATHEMATICS

Books:

TEXT BOOK: MATHEMATICS X (NCERT)

LAB MANUAL: DINESH LAB MANUAL IN MATHEMATICS

(BY A. P. SINGH)

MATHEMATICS is an important component of school education. MATHEMATICS is something that the man has himself created to meet the various demands of time. Right from morning till night, each single moment of the day is being controlled by MATHEMATICS. LIFE would be impossible without it. MATHEMATICS IS THE SCIENCE OF ALL SCIENCES AND ART OF ALL ARTS.

AIMS AND OBJECTIVES:

- To enable the students to discipline their minds properly.
- To help the child to know about the relationship of different topics in **MATHEMATICS.**
- To develop the technique of PROBLEM SOLVING.
- To develop the interest of the students to know more about the nature of MATHEMATICS.
- To develop the power of LOGICAL THINKING.
- To develop the **SELF CONFIDENCE** of the child.

INSTRUCTIONS FOR TEACHERS:

- LESSON PLAN must be prepared well in time.
- CLASS ENTRANCE should be with full confidence and positivity.
- CONTENT DELIVERY must be effective and long lasting.
- COMMANDS OF TEACHER must be equipped with GOOD VOCABULARY.
- FAIR NOTE BOOK must reflect efficiency of the concerned teacher.
- **TEST** will be there at the end of every chapter.

INSTRUCTIONS FOR STUDENTS:

- Students will do **MATHEMATICS PRACTICE** daily with a fixed schedule at home.
- BOOK, NOTE BOOK must be carried by students daily in school.
- Students must have a self responsibility to get their note books checked in time.
- Students must be **ATTENTIVE** in class.
- Tests must be WELL PREPARED

BOOK AND FAIR NOTE BOOK

- It must be well maintained and kept safely throughout the year for evaluation
- Tally work must be done at the end of every chapter
- Parents signatures must be there immediately after teacher's checking
- Correction work must be done immediately (if remarked by the teacher)

❖ TEST NOTE BOOK

- Will remain same throughout the term (otherwise test will not be evaluated)
- Must be well maintained
- Must be duly signed by the parents
- Correction work must be done immediately (if remarked by the teacher)
- Parents must communicate with teacher in case of poor performance

LAB MANUALS

- Each and every activity must be explained well
- Lab manuals must be prepared neatly
- It must be checked in time
- It must be kept safely throughout the year for evaluation

FIRST TERM (APRIL TO SEPTEMBER)

APRIL

Unit No.	No. of Periods	Subject Enrichment	Teaching Aids
With Name		Activities/Art	
		Integration/Lab	
		Activities	
Chapter -4	7-8		E-smart contents
Quadratic Equations			
Chapter-2	10-12		Revision of
Polynomials			algebraic identities

MAY

Unit No. With Name	No. of Periods	Subject Enrichment Activities/Art Integration/Lab Activities	Teaching Aids
Chapter-3 Pair of linear equations in two variables	10-12	Lab activity -1	E-smart contents
Chapter- 1 Real Numbers	7-8		E-smart contents
Chapter-5 Arithmetic Progression	7-8	Lab Activity – 2, 3, 4	E-smart contents

JUNE SUMMER VACATION

JULY

Unit No. With name	No. of periods	Subject Enrichment Activities/Art Integration/Lab Activities	Teaching aids
Chapter 6 Triangles	14-15	Lab activity -5, 6, 7	E-smart contents
Chapter-11 Constructions	4-5		

AUGUST

Unit No. With name	No. Of periods	Subject Enrichment	Teaching aids
	_	Activities/Art	
		Integration/Lab	

STUDY PLAN		30 Class- 10th (2020)	
		Activities	
Chapter-7	6-8		Revision of
Co-ordinate Geometry			Properties of
			Quadrilaterals
Chapter-8 Introduction	10-12		E-smart contents
to Trigonometry			
Chapter-9	4-5	Lab activity- 8	Revision of T-
Heights and Distances		•	Ratios

SEPTEMBER: REVISION + HALF YEARLY EXAMINATION

SECOND TERM (OCTOBER TO MARCH)

OCTOBER

Unit No. With Name	No. Of Periods	Subject Enrichment Activities/Art Integration /Lab Activities	Teaching Aids
Chapter-13 Surface areas and Volumes	6-7	Lab activity – 14, 15, 16, 17, 18, 19, 20, 21, 22, 23	Explanation with 3-D OBJECTS
Chapter-14 Statistics	7-8		
Chapter-10 Circles	3-4	Lab activity- 9,10	E-smart contents

NOVEMBER

Unit No. With Name	No. Of	Subject Enrichment	Teaching Aids
	Periods	Activities/Art Integration	
		/Lab Activities	
Chapter-12	8-9	Lab Activity- 11, 12, 13	E-smart contents
Areas related to circles			
Chapter-15	3-4	Lab Activity- 24	
Probability		-	

DECEMBER/JANUARY/FEBRUARY:

REVISION FOR ANNUAL EXAMINATION + PRE-BOARD EXAMINATION

MARCH: CBSE BOARD ANNUAL EXAMINATION

SCIENCE

Book:- NCERT (National Council of Education Research and Training)

Reference Books :- Publication:

Biology (Madhu Bahl) Viva Publication

Chemistry (S.K. Jain) Viva Publication

Physics (S.K.Jain) Viva Publication

Practical Lab Manual:- New Way Publication

"The Science of Today is the Technology of Tomorrow"

AIM & OBJECTIVES:

- 1. To develop scientific attitude.
- 2. To develop and understand scientific concept, principles and laws.
- 3. To create awareness and concern for a healthy environment.
- 4. To develop an aesthetic sense regarding scientists
- 5. To develop observational and experimental skills

NOTE: Notebooks of Terms, Test Notebooks, Practical Files must be kept carefully for Assessment and Revision for Annual Examination.

FIRST TERM (APRIL TO SEPTEMBER)

APRIL

Chapter No. and Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson:1 Chemical Reaction & Equation	10	Experiment To classify the reactions into combination reaction, decomposition reaction, displacement reaction and double displacement reaction.	E-smart Laboratory Equipments
Lesson: 6 Life Processes	10	Experiment To prepare a temporary mount of leaf peal to show stomata.	E-smart Temporary Slides

STUDY PLAN		3º Cla	ss- 10 th (2020-21)		
Lesson:10 Light: Reflection	8	Experiment To trace the path of rays of light using rectangular glass slab.	E-smart Laboratory Equipments		
MAY					
Chapter No.& Name	No. of periods	Subject Enrichment Activity	Teaching Aids		

Chapter No.& Name	No. of	Subject Enrichment Activity	Teaching
	periods		Aids
Lesson:7	10		E-smart
Control and Co-			Permanent
ordination			Slides
Lesson:2	8	Experiment To find the pH of samples using	E-smart
Acids, Bases and Salts		pH paper and universal	Laboratory
		indicator	Equipments
Lesson:12	10	Experiment	E-smart
Light: Refraction		To trace the path of rays of light using rectangular glass prism.	Laboratory Equipments

JUNE SUMMER VACATION

JULY

No. of	Subject Enrichment Activity	Teaching
periods		Aids
8	Experiment	E-smart
	To study the properties of acetic	Laboratory
	acid.	Equipments
8	Experiment	E-smart
	To show that CO2 is given out	
	during respiration.	
9	Experiment	E-smart
	To determine the focal length of	
	concave mirror and convex lens.	
	periods 8	periods 8

01 1045 (0000 01)
Class- 10 th (2020-21)

AUGUST

Chapter No.& Name	No. of	Subject Enrichment Activity	Teaching
	periods		Aids
Lesson: 3	10	Experiment	E-smart
Metals and Non-metals		To observe the action of metals	Laboratory
		on salt solution and to observe	Equipments
		the decreasing order of reactivity	
		of metals.	
Lesson: 16	5		E-smart
Management of Natural			
Resources			
Lesson:11	10	Experiment :	E-smart
Human eye and colourful world		To find the image distance for varying object distances in case of convex lens.	Laboratory Equipments

SEPTEMBER HALF YEARLY EXAMINATION SECOND TERM (OCTOBER TO MARCH)

OCTOBER

Chapter No.& Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson: 4 Carbon and its compounds	20	Experiment To study the comparative cleaning capacity of a sample of soap is hard and soft.	E-smart Laboratory Equipments
Lesson:8 How do organisms reproduce?	12	Experiment To study binary fission in Amoeba and budding in yeast.	E-smart Permanent Slides Laboratory Equipments
Lesson: 12 Electricity	10	Experiment To study the dependence of potential difference across a resistor on the current passing through it	E-smart Laboratory Equipments

STUDY PLAN		Class	- 10 th (2020-21)
NOVEMBER			
Lesson No. & Name	No. of periods	Subject Enrichment Activity	Teaching Aids
Lesson:13	10	Experiment	E-smart
Magnetic Effects of Electric Current		To determine the equivalent resistance of resistors connected in series and parallel	Laboratory Equipments
Lesson:9	10	Experiment	E-smart
Heredity and Evolution		To study different parts of an embryo of a dicot seed	Permanent Slides

DECEMBER REVISION FOR PRE BOARD JANUARY & FEBRUARY PRE-BOARD +

MARCH ANNUAL EXAMINATIONS

SOCIAL SCIENCE

REVISION FOR ANNUAL EXAMINATION

Name of Books: Publication: NCERT

- 1. India and the contemporary world -II
- 2. Democratic Politics -II
- 3. Geography Contemporary -II
- 4. Understanding Economic Development -II
- 5. Disaster Management

"A Subject which not only provides vast knowledge but also enables the human being to adapt himself in social, economic, political and cultural life."

AIMS AND OBJECTIVES:

- 1. Understand India and make a comparison with other countries in the world.
- 2. Develop respect for the rights of all social divisions that exist in society.
- 3. Get acquainted with revolutionary ideas and new philosophies.
- 4. Accept the need to protect and conserve environment.
- 5. Develop good human values and the spirit of tolerance and appreciate the role of India in today's world.
- 6. Develop respect for the constitution and appreciation of constitutional values.

NOTE:

- 1. All the activities and map skills must be done carefully.
- 2. Notebooks must be kept carefully for assessment and revision for annual examination.
- 3. Test notebooks must be properly maintained for whole term.

INSTRUCTION FOR THE TEACHERS:

- 1. It is necessary that teacher's voice should be audible and clear.
- 2. It is mandatory to prepare the teaching content in advance.
- 3. All the instructions should be given in English Language.
- 4. Teacher will make it sure that all the students must carry their study material like Textbooks, Notebooks etc

INSTRUCTION FOR THE STUDENTS:

- 1. Students must converse in English Language.
- 2. Students will not speak in Hindi or Punjabi Language.
- 3. Students must follow all the instructions of the teacher.

FIRST TERM (APRIL TO SEPTEMBER)

APRIL

Lesson No./	No. of	Subject	Art Integration	Teaching Aids/
Topic	Periods	Enrichment		Technology
		Activities		
<u>GEOGRAPHY</u>	5	Map Activity	Flow Chart	Text Book,
Lesson-1:				E-Smart Board
Resources and				Content
Development				
Economics	5		Graphs	E-Smart Board
Lesson-1:			Analyses	Content
Development				
<u>CIVICS</u>	5		Discussion	E-Smart Board
Lesson-1: Power				Content
Sharing				
Civics	4			E-Smart Board
<u>Lesson-2:</u>				Content
<u>Federalism</u>				

STUDY PLAN		<u> კ</u> ი		Class- 10 th (2020-21)
MAY				
Lesson No. / Topic	No. of Periods	Subject Enrichment Activities	Art Integration	Teaching Aids/ Technology
History Lesson-3: Nationalism in India	7	Map Work	Story Telling	E-Smart Content
Geography Lesson-2: Forest and Wildlife (To be assessed in the Periodic Test only and will not be evaluated in Board Examination)	2			E-Smart Content
Economics Lesson-2: Sectors of the Indian Economy	5		Graphs Analyses	E-Smart Content and Graph Analysis
Geography Lesson - 3:Water Resources (To be assessed in the Periodic Test only and will not be evaluated in Board Examination)	2	Only Map Work of Dams		E-Smart Content
Geography Lesson-4: Agriculture	5	Map Activity,	Table of Crops	PPT and Maps

JUNE SUMMER VACATION +
PROJECT ON DISASTER MANAGEMENT TOPICS

STUDY PLAN	3/	Class- 10 th (2020-21)

JULY

Lesson No. / Topic	No. of	Subject	Art	Teaching Aids/
-	Periods	Enrichment	Integration	Technology
		Activities		
<u>Civics</u>	2			E-Smart Content
Lesson-3: Democracy and				
Diversity				
(To be assessed in the				
Periodic Test only and will				
not be evaluated in Board				
Examination)				
Economics	5			Graph Analysis
Lesson-3: Money and Credit				with E-Smart
<u>History</u>	7	Discussion	Graffiti Wall	E-Smart Content
Lesson-1: The Rise in of		with Reading	Activity	
nationalism in Europe		(Mind Map)		
Civics	2			
Lesson-5: Popular Struggles				
and Movements.				
(To be assessed in the				
Periodic Test only and will				
not be evaluated in Board				
Examination)				

AUGUST

Lesson No. / Topic	No. of Periods	Subject Enrichment Activities	Art Integration	Teaching Aids/ Technology
CIVICS	5	Discussion		E-Smart Content
Lesson-4: Gender,				
Religion and Caste				
<u>Geography</u>	6	Map Work		E-Smart Content
Lesson-5: Minerals				
and Energy				
Resources				
Economics	5		Collage on	E-Smart Content
Lesson-4:			MNC Product	
Globalization and				
the Indian				
Economy				

A. Subject - History: Outline Political Map of India

Chapter-3: Nationalism in India - (1918 - 1930).

For locating and labelling / Identification.

1. Indian National Congress Sessions- Calcutta (Sep. 1920), Nagpur (Dec.

1920), Madras (1927), Lahore (1929)

2. Important Centres of Indian National Movement

(Non-cooperation and Civil Disobedience Movement)-(i) Champaran (Bihar) -

Movement of Indigo Planters, (ii) Kheda (Gujrat) - Peasant Satyagrah,

(iii) Ahmedabad (Gujarat) - Cotton Mill Workers Satyagraha,(iv) Amritsar (Punjab) - Jallianwala Bagh Incident,(v) Chauri Chaura (U.P.) - calling off the Non Cooperation Movement,(vi) Dandi (Gujarat) - Civil Disobedience Movement.

B. Subject-Geography: Outline Political Map of India

Chapter 1: Resources and Development

Identification only: Major soil Types.

Chapter 4: Agriculture

Identification only:(a) Major areas of Rice and Wheat. b) Largest / Major producer states of Sugarcane; Tea; Coffee; Rubber; Cotton and Jute.

Chapter: 5 Mineral and Energy Resources.

Minerals: (Identification only)

- (I) Iron Ore Mines: Mayurbhanj, Durg, Bailadila, Bellary, Kudremukh.
- (II) Coal mines:,Raniganj, Bokaro,Talcher, Neyvali
- (III) Oil Fields: ,Digboi, Naharkatia, Mumbai High, Bassien, Kalol, Ankaleshwar

Power Plants: (Locating and Labelling only)

- (a) Thermal: Namrup, Singrauli, Ramagundam,
- (b) Nuclear: Narora, Kakrapara, Tarapur, Kalpakkam

SEPTEMBER REVISION + HALF YEARLY EXAM

SECOND TERM (OCTOBER TO MARCH)

OCTOBER

Lesson No. / Topic	No. of	Subject	Art Integration	Teaching Aids/
	Periods	Enrichment		Technology
<u>History</u>	6	Group		E-Smart content
Lesson-4: Making of		Discussion		
a Global World		(Mind Map)		
or				

Lesson-5: The Age of Industrialization Geography 6 Map Activity Map and E-	
Industrialization	
Geography 6 Man Activity Man and F.	
Geography 6 Man Activity Man and F.	
m Scopingity O IVIAP AIGH L'	-Smart
Lesson-6:	
Manufacturing	
Industries	
CIVICS 5 Table of Indian E-Smart Con	ntent
Lesson-6: Political States with	
Parties State Parties	
<u>Economics</u>	
Lesson-5:Consumer	
Rights	
(To be done as	
Project Work only)	
NOVEMBER	
Lesson No. / Topic No. of Subject Art Integration Teaching A	ids/
Periods Enrichment Technology	
Activities	
Geography 5 Map Activity E-Smart Cor	ntent
Lesson-7: Lifeline of	
National Economy	
Civics 4 Group E-Smart Cor	ntent
Lesson-7: Outcomes Discussion	
of Democracy	
History Craffit Wall E Crast Con	- Love L
History 6 Group Graffiti Wall E-Smart Cor Lesson-7: Print Discussion Activity	iterit
Lesson-7: Print Discussion Activity Culture and the	
Modern World	
Lesson-8: 3	
Challenges to	
democracy (To be assessed in	
the Periodic Test	
only and will not	
be evaluated in	
Board Examination)	
LIST OF MAPITEMS FOR SOCIAL SCIENCE	

LIST OF MAP ITEMS FOR SOCIAL SCIENCE

Chapter 6: Manufacturing Industries

Locating and Labelling Only

- (1) Cotton Textile Industries: Mumbai, Indore, Surat, Kanpur, Coimbatore.
- (2) Iron and Steel Plants: Durgapur, Bokaro, Jamshedpur, Bhilai, Vijaynagarm, Salem.
- (3) Software Technology Parks: Noida, Gandhinagar, Mumbai, Pune, Hyderabad, Bangaluru, Chennai, Thiruvanantapuram,

Chapter 7 Lifelines of National Economy

(Location and Labelling)

Major Ports: Kandla, Mumbai, Marmagao, New

Mangalore, Kochi, Tuticorin, Chennai, Vishakhapatnam, Paradip, Haldia.

International Airports: Amritsar (Raja Sansi), Delhi (Indira Gandhi

International), Mumbai (Chhatrapati Shivaji), Chennai (Meenam Bakkam)

Kolkata (Netaji Subhash Chandra Bose), Hyderabad (Rajiv Gandhi)

Note: Items of Locating and Labelling may also be given for Identification.

DECEMBER/JANUARY/FEBRUARY REVISION

MARCH

ANNUAL EXAMINATION

ਪੰਜਾਬੀ

ਪੁਸਤਕ:- 1. ਸਾਹਿਤਕ ਰੰਗ (CBSE)

2. ਸਾਹਿਤਕ ਕਿਰਨਾਂ (CBSE)

ਵਿਆਕਰਨ:- ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਤੇ ਲਿਖਤ ਰਚਨਾ

ਪੰਜਾਬੀ ਭਾਸ਼ਾ: – ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਖੇਤਰ ਕਾਫੀ ਵਿਸ਼ਾਲ ਹੈ। ਭਾਰਤ ਅਤੇ ਪਾਕਿਸਤਾਨ ਤੋਂ ਇਲਾਵਾ ਕੈਨੇਡਾ ਵਿਚ ਵੀ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਮਾਨਤਾ ਮਿਲ ਚੁੱਕੀ। 1947 ਵਿੱਚ ਹਿੰਦੁਸਤਾਨ ਦੀ ਵੰਡ ਦੇ ਨਾਲ–ਨਾਲ ਪੰਜਾਬ ਦੇ ਵੀ ਦੋ ਹਿੱਸੇ ਹੋ ਗਏ। ਪਾਕਿਸਤਾਨ ਦਾ ਪੂਰਬੀ ਪੰਜਾਬ ਅਤੇ ਭਾਰਤ ਦਾ ਪੱਛਮੀ ਪੰਜਾਬ ਬਣ ਗਿਆ। ਭਾਰਤ ਦੇ ਪੱਛਮੀ ਪੰਜਾਬ ਦੀ ਭਾਸ਼ਾ ਦੀ ਲਿਪੀ ਅਤੇ ਪਾਕਿਸਤਾਨ ਦੇ ਪੂਰਬੀ ਪੰਜਾਬ ਦੀ ਭਾਸ਼ਾ ਦੀ ਲਿਪੀ ਸ਼ਾਹਮੁਖੀ ਹੈ। ਭਾਰਤ ਵਿਚ ਪੰਜਾਬੀ ਨੂੰ ਰਾਜ ਭਾਸ਼ਾ ਦਾ ਦਰਜਾ ਪ੍ਰਾਪਤ ਹੈ ਪਰ ਪਾਕਿਸਤਾਨ ਵਿਚ ਪੰਜਾਬੀ ਦੀ ਅਜਿਹੀ ਸਥਿਤੀ ਨਹੀਂ ਹੈ। ਉੱਥੋਂ ਦੀ ਲਿਪੀ ਉਰਦੂ ਹੈ। ਪਹਿਲੀ ਵਾਰ ਹਾਫ਼ਿਜ਼ ਬਰਖੁਰਦਾਰ ਨੇ 1672 ਈ: ਵਿਚ ਪੰਜਾਬ ਦੀ ਬੋਲੀ ਨੂੰ ਪੰਜਾਬੀ ਕਿਹਾ ਸੀ।

ਰੋਮ-ਰੋਮ 'ਚੋ ਕਰੀਏ ਇਉਂ ਸਨਮਾਨ ਪੰਜਾਬੀ ਦਾ, ਜ਼ੱਰਾ-ਜ਼ੱਰਾ ਕਹਿ ਉਠੇ,ਸਾਨੂੰ ਮਾਣ ਪੰਜਾਬੀ ਦਾ। ਰੱਬੀ ਉਸਤਤ ਵਾਂਗੂੰ ਹੈ ਗੁਣਗਾਨ ਪੰਜਾਬੀ ਦਾ, ਜ਼ੱਰਾ-ਜ਼ੱਰਾ ਕਹਿ ਉਠੇ,ਸਾਨੂੰ ਮਾਣ ਪੰਜਾਬੀ ਦਾ।

• ਅਧਿਆਪਕਾਂ **ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:**-

- 1. ਔਖੇ ਸ਼ਬਦਾਂ ਦੇ ਅਰਥ ਜਰੂਰ ਸਮਝਾਏ ਜਾਣ।
- 2. ਇਕਾਂਗੀ ਦਾ ਮੰਚਨ ਵਿਦਿਆਰਥੀਆਂ ਤੋਂ ਜਮਾਤ ਵਿਚ ਕਰਵਾਇਆ ਜਾਵੇ।

- 3. ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਲਿਖਾਈ ਵੱਲ ਖਾਸ ਧਿਆਨ ਦਿੱਤਾ ਜਾਵੇ।
- 4. ਸਮਾਰਟ ਬੋਰਡ ਦੀ ਵੱਧ ਤੋਂ ਵੱਧ ਵਰਤੋਂ ਕੀਤੀ ਜਾਵੇ।
- 5. ਸਮੇਂ-ਸਮੇਂ ਤੇ ਖਾਸ ਮੌਕਿਆਂ 'ਤੇ ਅਖਬਾਰ ਵਿੱਚੋਂ ਲੇਖ ਪੜ੍ਹਾਏ ਜਾਣ।
- 6. ਆਰਟ **ਇੰਟੀਗ੍ਰੇਸ਼ਨ** /ਪੋਰਟ ਫੋਲੀਓ ਜਰੂਰ ਕਰਵਾਇਆ ਜਾਵੇ।

• ਵਿਦਿਆਰਥੀਆਂ ਲਈ ਦਿਸ਼ਾ ਨਿਰਦੇਸ਼:-

- <u>1. ਸਾਹਿਤਕ ਰੰਗ ਅਤੇ ਕਿਰਨਾਂ ਦੀ ਕਾ</u>ਪੀ ਅਲੱਗ–ਅਲੱਗ ਹੋਣੀ ਚਾਹੀਦੀ ਹੈ।
- 2. ਕਾਪੀਆਂ ਕਵਰ ਹੋਈਆਂ ਚਾਹੀਦੀਆਂ ਹਨ।
- 3. ਕੰਮ ਸੁੰਦਰ ਲਿਖਾਈ ਵਿਚ ਲਿਖਿਆ ਜਾਵੇ।
- 4. ਹਰ ਪਾਠ ਲਿਖਣ ਤੋਂ ਪਹਿਲਾ ਮਿਤੀ ਅਤੇ ਦਿਨ ਜਰੂਰ ਲਿਖਿਆ ਜਾਵੇ।
- 5. ਹਰ ਪ੍ਰਸ਼ਨ ਦੇ ਉੱਤਰ ਤੋਂ ਬਾਅਦ ਲਾਈਨ ਜਰੂਰ ਲਗਾਈ ਜਾਵੇ।
- 6. ਟੈਸਟ ਕਾਪੀ 'ਤੇ ਮਾਤਾ-ਪਿਤਾ ਦੇ ਦਸਤਖਤ ਜਰੂਰ ਕਰਵਾਏ ਜਾਣ।
- 7. ਸਮਾਂ ਸਾਰਨੀ ਅਨੁਸਾਰ ਪੁਸਤਕ ਲੈ ਕੇ ਆਉਣੀ ਜਰੂਰੀ ਹੈ।

• ਉਦੇਸ਼:-

- 1. ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਗਿਆਨ ਕਰਵਾਉਣਾ।
- 2. ਵਿਦਿਆਰਥੀਆਂ ਦੇ ਸ਼ਬਦ ਭੰਡਾਰ ਵਿਚ ਵਾਧਾ ਕਰਨਾ।
- 3. ਵਿਆਕਰਨ ਦੇ ਨਿਯਮਾਂ ਦਾ ਪੂਰਨ ਗਿਆਨ ਕਰਵਾਉਣਾ।
- 4. ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਲਿਖਣ ਅਤੇ ਬੋਲਣ ਦੇ ਯੋਗ ਬਣਾਉਣਾ।
- 5. ਵਿਦਿਆਰਥੀਆਂ ਅੰਦਰ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਪ੍ਰਤੀ ਰੂਚੀ ਪੈਦਾ ਕਰਨੀ।

ਪਹਿਲੀ ਛਿਮਾਹੀ ਅਪ੍ਰੈਲ ਤੋਂ ਸਤੰਬਰ ਤੱਕ

ਅਪ੍ਰੈਲ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀ	ਆਰਟ ਇੰਟੀਗ੍ਰੇਸ਼ਨ	ਸਹਾਇਕ ਸਮੱਗਰੀ
			ਪੋਰਟ ਫੋਲੀਓ	
ਸਾਹਿਤਕ ਕਿਰਨਾਂ:-		ਦਸ ਗੁਰੂਆਂ ਦੇ ਜੀਵਨ	ਗੁਰੂਆਂ ਦਾ ਫਲੋਅ	ਪਾਠ-ਪੁਸਤਕ
ਸ਼ਬਦ 'ਗਉੜੀ	4	ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ	ਚਾਰਟ ਬਣਵਾਉਣਾ	ਵੀਡੀਓ
ਬੈਰਾਗਣਿ ਮ:3'				
(ਗੁਰੂ ਅਮਰਦਾਸ ਜੀ				
ਕਵੀਂ)				
ਸਾਹਿਤਕ ਰੰਗ:-	5	ਅਪਾਹਜ ਵਿਅਕਤੀ ਦੀ		ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-ਮੈਂ ਕਿਸੇ ਤੋਂ		ਵੀਡੀਓ ਦਿਖਾਉਣੀ		ਵੀਡੀਓ
ਘੱਟ ਨਹੀਂ (ਕਹਾਣੀ)				
ਵਿਆਕਰਨ:-		ਸਾਰਥਕ ਅਤੇ		ਵਿਆਕਰਨ ਪੁਸਤਕ
ਸਮਾਸੀ ਸ਼ਬਦ	1	ਨਿਰਾਰਥਕ ਸ਼ਬਦਾਂ ਬਾਰੇ		
(ਬਹੁਵਿਕਲਪੀ)		ਜਾਣਕਾਰੀ ਦੇਣਾ		
ਅਣਡਿੱਠਾ ਪੈਰ੍ਹਾ	1	ਅਣਡਿੱਠਾ ਪੈਰ੍ਹਾ		ਕਿਤਾਬ ,ਕਾਪੀ
		ਗਤੀਵਿਧੀ		

ਮਈ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀ	ਆਰਟ ਇੰਟੀਗ੍ਰੇਸ਼ਨ ਪੋਰਟ ਫੋਲੀਓ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਸਾਹਿਤਕ		ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ	ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ	ਪਾਠ-ਪੁਸਤਕ, ਸਮਾਰਟ

STUDY PLAN		3/		Class- 10 th (2020-21)
ਕਿਰਨਾਂ:-	4	ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣੀ	ਵਿੱਚੋਂ ਗੁੰਮ ਹੋ ਰਹੀਆਂ	ਬੋਰਡ
ਕਵਿਤਾ 'ਗੁੰਮ ਨੇ			ਵਸਤਾਂ ਦੀ ਗ੍ਰੈਫ਼ਟੀ	
ਰਸੋਈ ਵਿੱਚੋਂ'			ਵਾਲ	
ਕਵੀ ਕਸ਼ਮੀਰ ਨੀਰ				
ਪਾਠ–ਪੱਛੋਂ ਦੀਆਂ		ਵਿਸ਼ੇ ਬਾਰੇ ਵਿਚਾਰ-		ਪਾਠ-ਪੁਸਤਕ
ਪੈਣ ਕਣੀਆਂ	5	ਚਰਚਾ ਕਰਨੀ		
(ਵਾਰਤਕ)				
ਸਾਹਿਤਕ ਰੰਗ:-		ਸਿੱਖ ਧਰਮ ਦੀਆਂ	ਬੀਬੀ ਰਜਨੀ ਦੀ	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ–ਬੀਬੀ ਭਾਨੀ	5	ਮਹਾਨ ਔਰਤਾਂ ਬਾਰੇ	ਕਹਾਣੀ ਸੁਣਾਉਣਾ	ਫਲੈਸ਼ ਕਾਰਡ
ਜੀ (ਜੀਵਨੀ)		ਜਾਣਕਾਰੀ ਦੇਣਾ		
ਵਿਆਕਰਨ:-	2	ਭਾਸ਼ਾ ਵਿਚ ਮੁਹਾਵਰਿਆਂ		ਪਾਠ-ਪੁਸਤਕ
ਮੁਹਾਵਰੇ (ਕ ਤੋਂ ਘ)		ਦੀ ਵਰਤੋਂ ਕਰਨ ਬਾਰੇ		
		ਦੱਸਣਾ		
ਸੁਣਨ ਕੌਸ਼ਲ	1	ਸੁਣਨ ਕੌਸ਼ਲ ਗਤੀਵਿਧੀ		ਸਮਾਰਟ ਬੋਰਡ
		ਕਰਵਾਉਣੀ		
ਅਣਡਿੱਠੀ ਕਾਵਿ–	1	ਕਾਵਿ-ਟੁਕੜੀ		ਪਾਠ ਪੁਸਤਕ,ਕਾਪੀ
ਟੁਕੜੀ		ਕਰਵਾਉਣੀ		

ਜੂਨ:- ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ

ਜੁਲਾਈ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਘਤੀਵਿਧੀ	ਆਰਟ ਇੰਟੀਗ੍ਰੇਸ਼ਨ ਪੋਰਟ ਫੋਲੀਓ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਸਾਹਿਤਕ ਰੰਗ:-	5	ਈਅਰ ਫੋਨ ਦੇ ਨੁਕਸਾਨ	ਕਵਿਤਾ ਤੋਂ ਕਹਾਣੀ	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-ਈਅਰ ਫੋਨ		ਬਾਰੇ ਦੱਸਣਾ	ਬਣਾਉਣਾ	
(ਕਹਾਣੀ)				
ਪਾਠ-ਬੇਬੇ ਰਾਮ	6	ਨਸ਼ੇ ਅਤੇ ਜੂਏ ਦੇ	ਇਕਾਂਗੀ ਮੰਚਨ	ਪਾਠ-ਪੁਸਤਕ, ਜਮਾਤ ਦੇ
ਭਜਨੀ (ਇਕਾਂਗੀ)		ਨੁਕਸਾਨ ਬਾਰੇ ਦੱਸਣਾ	ਕਰਵਾਉਣਾ	ਸਜੀਵ ਪਾਤਰ
ਵਿਆਕਰਨ:-	1	ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ ਬਾਰੇ	ਪੇਪਰ ਆਰਟ	ਵਿਆਕਰਨ ਪੁਸਤਕ
ਕਿਰਿਆ ਵਿਸ਼ੇਸ਼ਣ		ਸਮਾਰਟ ਬੋਰਡ ਰਾਹੀਂ	ਬਣਵਾਉਣਾ	ਸਮਾਰਟ ਬੋਰਡ
(ਬਹੁਵਿਕਲਪੀ)		ਜਾਣਕਾਰੀ ਦੇਣਾ		

ਅਗਸਤ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀ	ਆਰਟ ਇੰਟੀਗ੍ਰੇਸ਼ਨ ਪੋਰਟ ਫੋਲੀਓ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਸਾਹਿਤਕ ਕਿਰਨਾਂ:- ਪਾਠ- ਆਦਤਾਂ (ਵਾਰਤਕ)	5	ਚੰਗੀਆਂ ਆਦਤਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ	ਗ੍ਰੈਫਟੀ ਵਾਲ ਗਤੀਵਿਧੀ	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ- ਹੈਂਕੜ ਅਤੇ	4	ਹੈਂਕੜ ਅਤੇ ਹਉਮੈ ਦੇ		ਪਾਠ-ਪੁਸਤਕ

STUDY PLAN		3/.		Class- 10 th (2020-21)
ਹਊਮੈ ਦੀ ਮਾਰ		ਨੁਕਸਾਨ ਦੱਸਣਾ		
(ਵਾਰਤਕ)				
ਪਾਠ–ਪੰਜਾਬ ਦੇ	4	ਘੋੜੀਆਂ ਅਤੇ ਸੁਹਾਗ	ਘੋੜੀਆਂ ਅਤੇ ਸੁਹਾਗ	ਸਮਾਰਟ-ਬੋਰਡ
ਲੋਕਗੀਤ (ਵਾਰਤਕ)		ਸੁਣਾਉਣ <u>ੇ</u>	ਗਾਉਣੇ	ਪਾਠ-ਪੁਸਤਕ
ਵਿਆਕਰਨ :-	3	ਲੇਖ ਲਿਖਣ ਲਈ		ਵਿਆਕਰਨ ਪੁਸਤਕ
ਲੇਖ:- ਵਿਚਾਰ		ਜਰੂਰੀ ਨੁਕਤੇ ਦੱਸਣੇ		
ਪ੍ਰਧਾਨ				
ਪੱਤਰ:- ਨਿੱਜੀ	2	ਪੱਤਰ ਲਿਖਣ ਦੇ ਢੰਗ		ਪੁਸਤਕ,ਗ੍ਰੀਨ ਬੋਰਡ
ਪੱਤਰ		ਬਾਰੇ ਦੱਸਣਾ		
ਤਸਵੀਰ ਵਰਣਨ	2	ਤਸਵੀਰ ਦੇਖ ਕੇ ਵਰਣਨ		ਤਸਵੀਰ, ਕਿਤਾਬ
ਗਤੀਵਿਧੀ		ਕਰਨਾ		

ਸਤੰਬਰ

ਦੁਹਰਾਈ ਤੇ ਪਹਿਲੀ ਛਿਮਾਹੀ ਦੀ ਪਰੀਖਿਆ

ਦੂਸਰੀ ਛਿਮਾਹੀ ਅਕਤੂਬਰ ਤੋਂ ਮਾਰਚ ਤੱਕ

ਅਕਤੂਬਰ

<u>\$</u>				
ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀ	ਆਰਟ ਇੰਟੀਗ੍ਰੇਸ਼ਨ ਪੋਰਟ ਫੋਲੀਓ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਸਾਹਿਤਕ ਕਿਰਨਾਂ:- ਕਵਿਤਾ 'ਗੁਰੂ ਉਪਦੇਸ਼' ਪਵਨ ਹਰਚੰਦਪੁਰੀ ਕਵੀ	3	ਖਾਲਸਾ ਪੰਥ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣੀ		ਪਾਠ-ਪੁਸਤਕ
ਕਵਿਤਾ 'ਮਾਣ ਪੰਜਾਬੀ ਦਾ' ਕੁਲਵੰਤ ਸਿੰਘ ਰਫੀਕ ਕਵੀ	3	ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੰਦਾ ਗੀਤ ਸੁਣਾਉਣਾ	ਗੀਤ ਸੁਣਾਉਣਾ	ਪਾਠ ਪੁਸਤਕ ਸਮਾਰਟ ਬੋਰਡ
ਸਾਹਿਤਕ ਚੰਗ:- ਪਾਠ-ਉੱਡਣਾ ਸਿੱਖ ਮਿਲਖਾ ਸਿੰਘ (ਜੀਵਨੀ)	5	ਮਿਲਖਾ ਸਿੰਘ ਦੇ ਜੀਵਨ ਨਾਲ ਸੰਬੰਧਿਤ ਵੀਡੀਓ ਦਿਖਾਉਣੀ	ਕੋਲਾਜ ਬਣਵਾਉਣਾ	ਪਾਠ ਪੁਸਤਕ ਸਮਾਰਟ ਬੋਰਡ
ਵਿਆਕਰਨ:- ਅਗੇਤਰ ,ਪਿਛੇਤਰ	1	ਮੂਲ ਸ਼ਬਦਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ		ਵਿਆਕਰਨ ਪੁਸਤਕ
ਮੁਹਾਵਰੇ (ਙ ਤੋਂ ਝ)	2	ਭਾਸ਼ਾ ਵਿਚ ਮੁਹਾਵਰਿਆਂ ਦੀ ਵਰਤੋਂ ਬਾਰੇ ਦੱਸਣਾ		ਵਿਆਕਰਨ ਪੁਸਤਕ ਸਮਾਰਟ ਬੋਰਡ
ਦਫ਼ਤਰੀ ਪੱਤਰ	3	ਪੱਤਰ ਲਿਖਣ ਦਾ ਢੰਗ ਦੱਸਣਾ		ਵਿਆਕਰਨ ਪੁਸਤਕ ਗ੍ਰੀਨ ਬੋਰਡ

ਨਵੰਬਰ

ਪਾਠ ਨੰਬਰ/ਵਿਸ਼ਾ	ਦਿਨ	ਗਤੀਵਿਧੀ	ਆਰਟ ਇੰਟੀਗ੍ਰੇਸ਼ਨ ਪੋਰਟ ਫੋਲੀਓ	ਸਹਾਇਕ ਸਮੱਗਰੀ
ਸਾਹਿਤਕ ਕਿਰਨਾਂ:-		ਕਲਾ ਦੀ ਪਹਿਚਾਣ		ਪਾਠ-ਪੁਸਤਕ
ਕਲਾਤਮਕ ਰੁਚੀਆਂ:ਪ੍ਰਕਿਰਤੀ ਅਤੇ ਪਹਿਚਾਣ (ਵਾਰਤਕ)	5	ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ		

STUDY PLAN		<u>3</u> 0	Cla	ss- 10th (2020-21)
ਪਾਠ-ਅਣਥੱਕ ਵਿਗਿਆਨੀ	5	ਡਾ. ਅਬਦੁਲ ਕਲਾਮ	ਡਾ. ਅਬਦੁਲ ਕਲਾਮ ਦੇ	ਪਾਠ-ਪੁਸਤਕ
ਡਾ.ਅਬਦੁਲ ਕਲਾਮ(ਜੀਵਨੀ)		ਦੇ ਵਿਚਾਰ ਸੁਣਨੇ	ਵਿਚਾਰ ਲਿਖਵਾਉਣੇ	ਸਮਾਰਟ ਬੋਰਡ
ਪਾਠ–ਦੁਸ਼ਮਣੀ (ਕਹਾਣੀ)	5	ਭਾਈਚਾਰਕ ਸਾਂਝ		ਪਾਠ-ਪੁਸਤਕ
		ਲਈ ਪ੍ਰੇਰਿਤ ਕਰਨਾ		
ਵਿਆਕਰਨ:- ਬਹੁਅਰਥਕ	2	ਸ਼ਬਦ ਭੰਡਾਰ ਵਿਚ		ਵਿਆਕਰਨ ਪੁਸਤਕ
ਸ਼ਬਦ		ਵਾਧਾ ਕਰਨਾ		
ਇਸ਼ਤਿਹਾਰ ਲੇਖਣ	1	ਇਸ਼ਤਿਹਾਰ ਲੇਖਣ	ਇਸ਼ਤਿਹਾਰ ਲੇਖਣ	ਵਿਆਕਰਨ ਪੁਸਤਕ
		ਕਰਵਾਉਣਾ		
ਆਮ ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ	5	ਵਿਸ਼ੇ ਬਾਰੇ ਵਿਚਾਰ	ਭਾਸ਼ਣ ਪ੍ਰਤੀਯੋਗਤਾ	ਵਿਆਕਰਨ ਪੁਸਤਕ
ਲੇਖ		ਚਰਚਾ ਕਰਨੀ	ਕਰਵਾਉਣੀ	

ਦਸੰਬਰ ਤੋਂ ਫਰਵਰੀ:- ਸਾਰੇ ਸਿਲੇਬਸ ਦੀ ਰਵੀਜਨ ਅਤੇ ਪ੍ਰੀ-ਬੋਰਡ ਪਰੀਖਿਆ ਮਾਰਚ:- ਸਾਲਾਨਾ ਪਰੀਖਿਆ

INFORMATION TECHNOLOGY-402

IMPORTANCE OF COMPUTER EDUCATION

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

AIMS & OBJECTIVES:

- 1. Foremost aim is to make students Technology Savvy.
- 2. To prepare students for the Job of Domestic Data Entry Operator.
- 3. To inculcate enough knowledge among the students about Industrial use of I.T.
- 4. To enable the students in creating documents using Word Processing Software.
- 5. Students should be able to do calculations using spreadsheet software.
- 6. Students should be able to create digital presentations.
- 7. To create awareness among students about e- mail messaging and database development.

INSTRUCTION FOR THE TEACHERS:

- 1. It is necessary to take students to the lab once in a week according to fix Time Table.
- 2. It is necessary to perform all the given activities.

- 3. Teacher will look after each & every child in lab.
- 4. Teacher will make it sure that all the students have performed the lab activity or not.
- 5. Students will be evaluated on the basis of skills in practicals, Practical File, Project, Viva and Written Exam.

INSTRUCTIONS FOR THE STUDENTS:

- 1. Students will bring their books according to time table.
- 2. Students will sit according to Roll No. in lab.
- 3. Students will not change the Control Panel Settings.
- 4. Students will follow all the Rules & Regulations of Lab + Instructions of Teacher.

TOOLS & TECHNIQUES:

Exploratory Thinking, Demonstration Method, Active Learner Participation, Logical Thinking, Experimentation Method, Effective integration of Technology, Oral Questioning.

FIRST TERM (APRIL TO SEPTEMBER)

APRIL			
Chapter No./	No. of	Lab Activities	Teaching Aids
Name of	Periods		
Chapter			
		1. Working with various Accessibility	Computer Lab,
Web	9	Options	E-Smart Board,
Applications		2. Networking and their types	Digital Books
		3. Chatting using Google Talk	
		4. Creating Blogs	
		5. Internet Security	
MAY		•	
Chapter No./	No. of	Lab Activities	Teaching Aids
Name of	Periods		_
Chapter			
	12	1. Managing Header and Footer in	E-Smart Board,
Word		documents	Stylus, Digital
Processing		2. Creating Document Template	Books, Computer
(Intermediate)		3. Applying Character Formats and	Lab
,		Text Wrapping	

STUDY PLAN			30	Cla	ass- 10 th (2020-21)
JUNE	SUM	1ME	R VACATIONS		
JULY					
Chapter No./ Name of Chapter	No. of Periods		Lab Activities		Teaching Aids
Spreadsheet (Intermediate)	8	2. A 3. H cc 4. A 5. Ir 6. So	sing Autosum in cells pplying Conditional Formatt lide/Unhide/Freeze the rows plumns pply cell and range names nserting Charts ort and filter data (sing Multiple Workbooks	ing	E-Smart Board, Stylus, Computer Lab, Digital Books
AUGUST					
Chapter No./ Name of Chapter	No. of Period s		Lab Activities		Teaching Aids
Digital	6	1. Ir	nserting movie, audio clips		E-Smart Board,
Presentation			nserting charts and tables nserting transitions and anima	ntions	Stylus, Digital Books
AUGUST &	SEPTE	EMB	ER		
F	REVISIO	NS+	HALF YEARLY EXAMIN	IATIO	N
S	ECONI) TE	RM (OCTOBER TO M	IARC	H)
OCTOBER					,
Chapter No./ Name of Chapter	No. of Periods		Lab Activities	Te	aching Aids
E- Mail	6	1. W	Vorking with calendar	E-Sma	rt Board, Stylus,
Messaging		3. C 4. C	chedule an appointment reating a meeting request reate and edit a task and otes	Di	igital Books
NOVEMBE					
Chapter No.		o. of	Lab Activities	Te	aching Aids
Name of Chap		iods	1 Manipulating data of	E Conso	ut Doord Ctribus
Database Developmen		10	1		rt Board, Stylus, igital Books

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DAV Public School, Samana (CBSE Affiliated)

STUDY PLAN			<u>3</u> 0			Class- 10th (2020-21)	
DECEMBEI	DECEMBER						
Chapter No./ Name of Chapter	No. of Periods	Lab Activities			Teaching Aids		
Employability Skills	10	 Self Management Skills Entrepreneur Skills Basic ICT Skills Green Skills 				mart Board, Stylus, E Book	
JANUARY	REVISIO	ON C	OF WHOLE SYLLA	ABUS	·		
FEBRUARY	PRACT	ICA	L + VIVA				
MARCH	ANNU	AL I	EXAMINATION				
(50 Marks Pa	per will be t	here	covering whole s	yllabı	ıs as per (CBSE guidelines)	
		1		T (*)	• 1		
			ation Criteria For	1		· · · · · · · · · · · · · · · · · · ·	
Practical Skills	Written T	est	Practical File	Viv	a/ Oral	Total Marks = 50	
(15 Marks)	(10 Mark	(s)	(10 Marks)	_	estioning		
				(15 Marks)			
		I	Examination Crite	ria			
Practical – 5	Practical – 50 Marks		Theory – 50 Mark				

नैतिक शक्षा

पुस्तक : धर्म शक्षा

प्रकाशन : डी .ए .वी .प्रकाशन

शष्टाचार अथवा वनम्रतापूर्वक एवं शालीनतापूर्ण आचरण ही वह आभूषण है, जो मनुष्य को आदर सम्मान दिलाता है।

नोट:

- 1. धर्म शक्षा पुस्तक पढ़ना ही काफी नहीं है, बल्कि अपने जीवन को धा र्मक व सदाचारी बनाना जरूरी है।
- 2. कक्षा क्रम के अनुसार हवन से पहले बच्चों को दान देने के लए प्रेरित कया जाए। सामान्य उदेश्य:
 - 1. छात्रों मे माता- पता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवाभावना उत्पन्न करना।
 - 2. छात्र-छात्राओं में इश्वरभक्ति की भावना के साथ-साथ, उनमें आस्तिकता की भावना उत्पन्न करना।

- 3. धा र्मक रु च का संवर्धन करना, अच्छी आदतें डालना।
- 4. उन्हें देश एवं जाति की सेवा के प्रतिकर्तव्य निष्ठ बनाना।
- 5. उत्तम ग्रंथो के माध्यम से स्वाध्याय के प्रति रुच जाग्रत करना।
- 6. देश-धर्म की सेवा मे जीवन लगाने वाले तथा उत्तम ग्रंथो की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना।

अध्यापकों के लए सामान्य निर्देश :

- 1. बच्चों को प्रतिदिन नैतिक मूल्यों की जानकारी देना।
- 2. बच्चों को पुस्तक ज्ञान को अपने अंदर डालने के लए प्रेरित करना |
- 3. उत्तर प्स्तिका मे उत्तर ध्यानपूर्वक लखना व बच्चों को लखवाना।
- 4. समय-समय पर जाँचना।

वद्या थयों के लए सामान्य निर्देश:

- 1. वद्यार्थी कक्षा मे अनुशा सत ढंग से पठन-पाठन प्र क्रया मे भाग लें।
- 2. अध्यापकों द्वारा दी गई शक्षा पर अमल करें।
- 3. मंत्र, प्रार्थनाओं का नित्य अभ्यास करें।
- 4. सदाचारी, शष्टाचारी बनें व अनुशासन में रहें।

प्रथम सत्र (अप्रैल से सतंबर तक)

अ प्रैल			
पाठ का नाम और	कालांश	गति व धयाँ	सहायक सामग्री
वषय			
पाठ 1-अनादि तेरी		छात्र समझकर प्रार्थना याद करेंगे स	पुस्तक
अनन्त महिमा आर्य	4	सस्वर गायन करेंगे स	
समाज के नियम	'	नियम याद करवाना स	
10-1			
पाठ २-वेदों की	4	वेदों के वषयों के नाम याद करेंगे स	दृश्यात्मक
उत्प त	'		
पाठ ४-दयानन्द के	4	भजन याद करेंगे स	पुस्तक
उपकार			

STUDY PLAN		<u>3</u> 0	Class- 10 th (2020-21)		
मई					
पाठ का नाम और	कालांश	गति व धयाँ	सहायक सामग्री		
वषय					
पाठ 5-श्राद्ध और	1	श्राद्ध के गुण दोषों कों समझेंगे ।	उदाहरण		
तर्पण					
पाठ ६-सुख के तीन	1	जीवन को सुखी बनाने के लए	पुस्तक		
मार्ग		तीनों मार्गों को अपनाएंगे ।			
पाठ ७-कर्तव्य	1	प्रार्थना याद करेंगे ।	पुस्तक		
पाठ ९-महात्मा	1	प्रभु भक्ति का उदाहरण	प्रभु भक्ति का उदाहरण		
आनंद स्वामी					
जून		ग्रीष्मावकाश			
जुलाई					
पाठ का नाम और	कालांश	गति व धयाँ	सहायक सामग्री		
वषय					
पाठ 10-पुकार	1	प्रार्थना याद करेंगेस	पुस्तक		
पाठ12- हमारा शरीर	1	ज्ञानेन्द्रियाँए कर्मेन्द्रियाँ और पांचवायु	रथ का उदाहरण देकर		
		के नाम याद करेंगे स			
पाठ 13-भजनए यज्ञ	1	गायन कौशल	याद करेंगे स		
महिमा					
अगस्त कर	वाए गए प	ाठयक्रम की दोहराई			
सतंबर अर्ध	वा र्षक प	रीक्षा			
	द् वती	य सत्र अक्तूबर से मार्च तक			
अक्टूबर					
पाठ का नाम और	कालांश	गति व धयाँ	सहायक सामग्री		
वषय					
पाठ 14-लौह पुरुष	1	इनके जीवन से साहसी बनने के लए	उदाहरण		
सरदार पटेल	'	प्रेरित करनास			
पाठ 15-लाला सूरज	1	डी .ए .वी .की शक्षाओं पर चर्चा	डी.ए.वी .के अन्य		
भान	ı		उदाहरण		

STUDY PLAN		<u>3</u> 0	Class- 10 th (2020-21)				
आर्य समाज के		याद करेंगे	पुस्तक / चार्ट				
नियम	1						
नवम्बर							
पाठ का नाम और	कालांश	गति व धयाँ	सहायक सामग्री				
वषय							
ਧਾठ ₁₆ -	1	प्रार्थना याद करेंगेस सस्वरए लयबद्ध	पुस्तक / चार्ट				
शरण याचना	I	गायन					
ਧਾਠ 19-	1	कठिन शब्दों को सस्वर गायन	प्राचीन सभ्यता का				
संकल्प गीत	ı	करवाना स	उदाहरण				
ਧਾਠ 20-		कल्याणकारी प्रार्थनाओं को याद	पुस्तक				
वैदिक प्रार्थनाएँ और	1	करवाना व सुनना।	-				
शक्षाएँ		सहायक सामाग्री					
दिसंबर							
पाठ का नाम और	कालांश	गति व धयाँ	सहायक सामग्री				
वषय							
पाठ21−		भजन सस्वर याद करवाना	पुस्तक				
आत्म समर्पण	1		-				
जनवरी /फरवरी करवाए गए पाठयक्रम की दोहराई							
मार्च वा र्षक परीक्षा							
., ,							

मौ खक पेपर का प्रारूप

ज्मतउ.प					
क्रण् वषय – वस्तु	अंक				
1. आर्य समाज के नियम	4				
2. कर्तव्य बोध / पुस्तक	4				
3. यज्ञ महिमा	4				
4. प्रश्नोत्तर	8				
5. अनुशाशन / वर्दी /	5				
कताब(2+2+1)					
कुलांक	25				

ज्मत उ .प्प	
क्रण वषय – वस्तु	अंक
1. आर्य समाज के	4
नियम	
2. शरण याचना / संकल्प गीत	4
3. लौह पुरुष पर वाक्य	4
4. प्रश्नोत्तर	8
5. अनुशाशन / वर्दी/	5
कताब (2+2+1)	
कुलांक	25

PERFORMING ART

"It is the supreme art to awaken joy in creative expression and knowledge."

IMPORTANCE OF MUSIC & DANCE:

Music and dance give great self-satisfaction and self confidence. It brings name, fame and riches i.e. success in life. It has social, emotional and spiritual benefits and gives happiness to life.

COMMON INSTRUCTION FOR THE TEACHERS:

- 1. Give the introduction about your topic and demonstrate.
- 2. Pay attention towards Non-Performers.
- 3. Teacher should be well prepared.
- 4. The song should be selected according to class level.
- 5. Assessment of students should be done on regular basis.

COMMON INSTRUCTIONS FOR THE STUDENTS:

- 1. Move in queue to Music and Dance room.
- 2. Keep the shoes in shoes rack.
- 3. Do the practice at home.
- 4. Don't touch anything without teacher's permission

AIMS:

- 1. To develop a context for aesthetic and artistic experience and the opportunity to develop personally and physically through participated in dance in an enjoyable environment.
- 2. To provide for aesthetic experiences and to develop aesthetic awareness in the music, in drama, in dance and literature.

OBJECTIVES:

- 1. To enhance knowledge and understanding of dance as an aesthetic & artistic experience.
- 2. Cooperate with others in dance activities.
- 3. To enrich personal and social development while interacting with others in a variety of structural contexts.
- 4. To arise the learning interest and area in instrumental learning.
- 5. To develop the interest to know about Indian culture.
- 6. To make them able to become an artist.

FIRST TERM (APRIL TO SEPTEMBER)

APRIL to MA	Y	Pledge & Morning Prayer	
Topic	No. of Days	Tools & Techniques	Teaching Aids
Tala (Teen Tala)	6	Demonstration with instrument	Lyrics & Instrument

STUDY PLAN		30	Class- 10th (2020-21)
Punjabi Folk	6	Demonstration with steps	With Sound System
Dance			
Punjabi	6	Demonstration with Instruments	Dufli, Harmonium,
Instrument			Chimta
JUNE		SUMMER VACATIO	N
JULY to AUG			
Topic	No. of	Tools & Techniques	Teaching Aids
	Days		
Punjabi Folk	6	Demonstration with instrument	Lyric +Instrument
Song			
Punjabi Folk	6	Demonstration with steps	Instrument for beat
RaagBhopali	6	Demonstration with singing	Harmonium, Tabla

AUGUST REVISION

SEPTEMBER HALF YEARLY EXAMINATION

SECOND TERM (OCTOBER TO MARCH)

OCTOBER TO NOVEMBER

Topic	No. of Days	Tools & Techniques	Teaching Aids
Instrument	6	Demonstration with	Harmonium,
(Guitar)		instruments	Tabla etc.
Patriotic (Semi	6	Knowledge about Acting &	Stick & Sound
Classical)		Action	System

DECEMBER / JANUARY / FEBRUARY REVISION

MARCH ANNUAL EXAMINATION

HEALTH & PHYSICAL EDUCATION

IMPORTANCE OF PHYSICAL EDUCATION:

Physical Education is the part of General Education program which is considered with growth, Development and education of students through the medium of muscle activities. It is the education of whole child by means of physical activities. Physical activities are the tools. They are so selected and considered as to influence every child's Physically, Mentally, Emotionally and Morally.

AIMS& OBJECTIVES:

- 1. Interact with the natural world in a positive manner.
- 2. Develop qualities such as leadership, team spirit, sense of belongingness, Courage and self defense.
- 3. Participate in the activities for fun and joy.
- 4. Conduct the movement with more body control.
- 5. To ensure optimum growth of each child.
- 6. Understand that hygienic fitness, protection and health care are important for health.

OBJECTIVES AND LEARNING OUTCOME WILL BE CLEARED TO THE STUDENTS:

- All the Topics must be discussed thoroughly and all book exercises will be discussed orally. Class 5th to 10th, all the three activity of co-scholastic area must be cleared and basic knowledge must be given to students, guide the students, to opt any two and its practice will be done with the help of teachers, throughout the year.
- File of concerned chosen activities will be prepared. It will be accessed and evaluated.

COMMON INSTRUCTION FOR THE TEACHERS:

- 1. Try to reach in class in time.
- 2. Bring your classes in the ground in line and discipline.
- 3. Take care of students in ground specially girls.
- 4. Prepare your team properly selected students from different classes.
- 5. Maintain sports ground properly.

COMMON INSTRUCTIONS FOR THE STUDENTS:

- 1. Move always in line.
- 2. Maintain Self Discipline in Sports Ground.
- 3. Obey the instruction given by Teacher.
- 4. Play the games with team spirit.
- 5. Follow the rule and regulation during play the game.

Note: All the Activities will be followed according to the CBSE guidelines.

FIRST TERM (APRIL TO SEPTEMBER)

APRIL			
Lesson No./Topic	No. of Periods	Activities	Teaching Aids
Activity	2	Sit-ups / Standing Jump	Stopwatch, Whistle

STUDY PLAN			30	Class- 10th (2020-21)
Any Major	4	Т	o Play Game in Ground With	Play Game /
Game / SEWA			Fundamental Skills	Video
Project:-				
'Swachcha				Play Ground
Vidyalaya				·
Swachcha				
Bharat'				
Gym Period	2	Exe	ercise in Gym / Flexed / Blend	Multi Gym /
			Arm Hang / Pull-ups	Horizontal Bar
Yoga / Mass PT	2	Phy	sically in Ground / Yoga,	Body Movements
		Pad	lamasana & Tarasana / Mass	/Video
		PT		
MAY				7
Lesson	No. of		Activities	Teaching Aids
No./Topic	Periods			
Race	6		Shuttle Run &	Stopwatch,
			50 Meters Dash Race	Whistle
Any Major Game/	4	T	o Play Game in Ground With	Play Game /
SEWA			Fundamental Skills	Video
Project: 'Dignity				
of Labour'				
Gym Period	2		Exercise in Gym	Multi Gym
Yoga	2		Physically in Ground/Yoga,	Body Movements/
			Chakarasana and Halasana	Video
JUNE		CII	MMER VACATION +	
J	NTFRNA		NAL YOGA DAY CELEBRATION	ON
IULY	I I LIXI VI	1101	WILL TOOM DITT CELEBRATTI	014
Lesson No./Top	ic No.	of	Activities	Teaching Aids
Lesson No, 10p	Peri		retivities	reaching mas
Any Major Game			To Play Game In Ground	Play Game /
SEWA	_	-	With Fundamental Skills	Video
Project:- 'Being S	afe			, 1000
and Responsible				
Mass PT / Yog)	Physically in Ground/Yoga,	Body Movements
, 0			Vajarasana And	/
			Sarvangasana and Mass PT	Video
Gym Period	2)	Exercise in Gym	Multi Gym
Race	2)	600 Meters	Stop Watch,
				Whistle
			<u>I</u>	L

Sports Day -29th August

STUDY PLAN		<u>3</u> 0	Class- 10 th (2020-21)			
AUGUST	REVIS	REVISION				
SEPTEMBER	HALF	HALF YEARLY EXAMINATION				
SECOND TERM (OCTOBER TO MARCH)						
OCTOBER		,	,			
Lesson No./ Top			Teaching Aids			
	Period					
Race	2	Shuttle Run &	Stopwatch,			
Crem Daviad	2	50 Meters Dash Race	Whistle			
Gym Period Any Major Game		Exercise in Gym To Play Game in Ground	Multi Gym Play Game /			
SEWA	4	With Fundamental Skills	Video			
Project:- ' Reduc	e.	With Fundamental Skins	Video			
Recycle, Reuse ar						
now Respect'						
Yoga /Mass PT	2	Physically in Ground /	Body Movements			
		Yoga,	/			
		Chakarasana & Halasana /	Video			
NOMENABED		Mass PT				
NOVEMBER	NI C	A	77 1 4 4 1			
Lesson No./Topic	No. of Periods	Activities	Teaching Aids			
Activity	2	Sit-Ups / Standing Jump	Stopwatch,			
		83. 1	Whistle			
Any Major	4	To Play Game in Ground With	Play Game /			
Game / SEWA		Fundamental Skills	Video			
Project:- 'First						
Aid: Awareness						
raising and demonstration'						
Gym Period	2	Exercise in Gym / Flexed /	Multi Gym /			
		Bend Arm Hang / Pull-ups	Horizontal Bar			
	2					
Yoga	2	Physically in Ground / Yoga, Bhujangasana & Sarvangasana	Body Movements			
		Dilujangasana & Sarvangasana	/ Video			
			VIGCO			
DECEMBER						
Lesson	No. of	Activities	Teaching Aids			
No./Topic	Periods	(00 M :	Ct. 1			
Race	2	600 Meters	Stopwatch, Whistle			
			vviusue			
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Land School, Sui	(020211		1 450 01			

STUDY PLAN		30	Class- 10 th (2020-21)
Gym Period	2	Exercise in Gym	Multi Gym
Any Major	4	To Play Game in Ground With	Tarasana & Mass
Game / SEWA		Fundamental Skills	PT
Project:-			
'Plantation of			
Shade/ Fuel/			
Ornamental/		Planting Trees	
Avenue trees'			
Yoga /Mass PT	2	Physically in Ground / Yoga, Tarasana & Mass PT	Body Movements / Video

JANUARY / FEBRUARY REVISION

MARCH

ANNUAL EXAM INATION

List of Activities under Ek Bharat Shreshta Bharat

Sr.No	Description of	Month/Day/	Learning
	Activity	Location	Outcome
1	Exposure of students to the alphabets, songs, proverb and 100 sentences in the languages of the partnering State/UT.	Academic Year/ Every Week / school premises	It will develop the linguistic capacity of the students.
2	Essay Competition among students in the language of the partnering State/UT	Academic Year	It will develop multi- linguistic skills in students.
3	Drama/Role Play on culture, history, the tradition of partnering State/UT.	Academic Year/school premises	The students will be able to learn the culture of the partnering State/UT.
4	Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.	Academic Year	The students will be able to learn the language and culture of the Partnering state/UT.
5	"Themed Display Board/Wall magazine" on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs).	Round the Year/ school premises	The pictorial representation will help them in learning and Understanding about partnering States/UTs.
6	Pledge on Swachhta/ Single-use plastic/water saving/ National Unity in the language of partnering states/UTs	At least two times every month/ Schools' premises during morning assembly.	The students will have exposure to partnering state language. Enhance social responsibility among students.
7	"Questions/Answer session" (Quiz) on partnering States/UTs. (Know Your Partner States/UTs)	Once in a month/ Morning Assembly.	It will help students to remember the important facts about partnering States/UTs.
8	"State Day Celebration" of partner State/UT	On State Day/ School Premises	It will develop a sense of unity among the students of both the States/UTs.

ECO CLUB

An Eco-Club is a group of school teachers & students interested in environmental issues and willing to make significant contribution to society.

OBJECTIVES:

- To make children understand environment and environmental problems.
- To provide environmental education opportunities for school children.
- To utilize the unique position of school children as conduits for awareness of the society at large.
- To facilitate children's participation in decision making in areas related to environment & development.
- To bring children into direct contact with the environmental problems being faced by society they live in and make them think of solutions.
- To involve children in action based programmes related to environment in their surroundings.
- To aware students with various ways to conserve water.
- To motivate students to conserve and collect Rain water.

Activities for ECO CLUB:

	CS TOT ECO CLOB.
S. No	Activity name
1.	Earth Day Celebration- Speech in Assembly & Kachhra Samadhan Mahotsav
2	Say No to Plastic Tiffin and ALUMINIUM foil
3.	Visit to sewage waste management plant & Conservation of water plant
4.	Tree Plantation Drive. (Vanmahotsav celebration)
5.	Say no to Plastic Bags
	Introduction of Eco friendly bags
6.	Cleaning of various labs of school.
7.	Motivate students to conserve water by engaging them in various activities
8.	Constitute a School Water Management Committee
9	Students can be made to visit a water treatment plant in the area to witness water
	processing and other places where conservation practices are being adopted.
10.	Sharam Daan for Cleanliness of school Garden.
11	Let's talk about fuel and electricity importance and management.
12	Rally -Say no to Crackers
13	Waste Management -
	- Measures for minimization of waste
	-Increasing value by reducing, reusing and recycling as much as possible.
	- Paper recycling and paper Mache artwork from waste paper
	- Segregation of waste and Composting
14	Nature Walk and Nature Watch

MEDICAL PLANNER FOR CLASSES 4th to 10+2 (SENIOR) SESSION: 2020-2021

APRIL World Health Day topic: Health for all (Regarding Corona Virus) BREAKFAST - A Great Way To Start The Day! + DEHYDRATION - When Your Body Needs More Water HOMEWORK - Get into the Habit	MONTH
Health for all (Regarding Corona Virus) BREAKFAST - A Great Way To Start The Day! + DEHYDRATION - When Your Body Needs More Wate HOMEWORK - Get into the Habit	A DDII
MAY + DEHYDRATION - When Your Body Needs More Wate HOMEWORK - Get into the Habit	APRIL
DEHYDRATION - When Your Body Needs More Water HOMEWORK - Get into the Habit]
HOMEWORK - Get into the Habit	MAY
]
]
	OUND
DISCIPLINE - Keeping the Rules]
Fear in Decision Making]
JULY +	JULY -
Don't Blame The Distractions, Improve Your Focus]
GOOD POSTURE - Looking After Your Back	
AUGUST +	AUGUST
MEDITATION - Helping People Sort Things Out	
SEPTEMBER Dental hygiene	
Anger Management	
(Stress, Anxiety, Depression/Managing Your	1
OCTOBER Feelings)	CTOBER 1
+	
A Rhythm of health - HEART BEAT	
Are you ready for winter?	
NOVEMBER (Cold, Flu, Sore Throat)	JVEMBER I
+ Coming of Your Strin	
Caring of Your Skin Hygiene and Puberty	
DECEMBER +	
Are you a Bystander to Bullying?	
JANURAY Use of Internet/Computer Games/Mobile Phones	
FEBRUARY RESPECT - A Way of life	
RESILIENCE - Don't Let Things Get You Down	
MARCH +	
CONFIDENCE - Put Your Best Foot Forward!	

School Medical Officer
Dr Harsimran Kaur

Dr Mohan Lal Sharma Principal

Test Schedule-Classes- 8th to 10th

Day	8 th	9 th	10 th
Monday	English	Hindi	Mathematics
Tuesday	Mathematics	English	Hindi
Wednesday	Science	Mathematics	Social Science
Thursday	Social Science	Science	Punjabi
Friday	Friday Punjabi		Science
Saturday	Hindi	Punjabi	English

Activity of the Month (Session- 2020-21) Class- 10th

Sr. No.	Month	Name of Activity
1.	April	Inter-class Display Board Competition
		(Inside Classrooms)
2.	May	'Drug'- A Devil Poster Making
		Competition
3.	July	'Artistic Expression' Display Board
4.	October	Inter Class
		Sanji Competion
5.	November	'Khula Manch'
		Parliamentary Debate
6.	December	'Zaika' – 'Food Exhibition'

Important Days (Awareness) Session 2020-21

	<u>APRIL</u>				
<u>S.No</u>	<u>Date</u>	<u>Day</u>			
1	2nd April	Thursday	Ram Navami		
2	6th April	Monday	Mahavir Jayanti		
3	7th April	Tuesday	World Health Day		
4	8th April	Wednesday	Arya Samaj Sathapana Diwas, New Session Beginning 1st to 10+2 (Hawan Yajna) Mangal Kamna Diwas		
5	10 th April	Friday	New Session Beginning LKG & UKG (Shubhaarambh)		
6	13th April	Monday	Jallianwala Bagh Massacre		
7	14th April	Tuesday	Dr. B.R. Ambedkar Jayanti		
8	18th April	Saturday	World Heritage Day, Welcome Fiesta: LKG to 3 rd		
9	19th April	Sunday	Mahatama Hansraj Jayanti		
10	22 nd April	Wednesday	World Earth Day - (Celebration by Science Department)		
11	23 rd April	Thursday	World Book Day, English Language Day- (Celebration by English Department)		
12	25th April	Saturday	Parshuram Jayanti, World Malaria Day		
13	29th April	Wednesday	International Dance Day		
			MAY		
S.No	<u>Date</u>		<u>Day</u>		
1	1st May	Friday	Labour Day -(SEWA Projects-By Sports Department) (Role Play- Our Helpers -by class 5th)		
2	3rd May	Sunday	World Press Freedom Day		
3	4th May	Monday	Students Council Interview-		
4	5th May	Tuesday	(By All Houses)		
5	7 th May	Thursday	Tagore Jayanti, Buddha Purnima- (Tribute by Running House)		
6	8th May	Friday	World Red Cross Day- (By First Aid Committee/ SEWA Project)		
7	10 th May	Sunday	Mothers day- (Celebration by 1st & 2nd Class)		

STUDY P	STUDY PLAN 3º Class- 10th (2020-21)			
8	11th May	Monday	National Technology Day	
9	15th May	Friday	International Family Day	
10	17th May	Sunday	World Telecommunication & Information	
	20.17.5		Society Day	
11	23rd May	Saturday	Interaction with Parents- PTM (Classes- 6 th to 10+2)	
12	24th May	Sunday	Common Wealth Day	
13	25th May	Monday	Eid-Ul-Fitr	
14	26th May	Tuesday	Guru Arjan Dev Ji Martyrdom Day	
15	27th May	Wednesday	Investiture Ceremony- (By all Houses)	
16	30th May	Saturday	Interaction with Parents- PTM	
	04.35	0 1	(Classes- LKG to 5 th)	
17	31st May	Sunday	World No Tobacco Day	
CN	.	1	<u>JUNE</u>	
S.No	<u>Date</u>		Day	
1	1st June	Monday	Dav Foundation Day- (Hawan Yajna) Global Day of Parents	
2	5 th June	Friday	World Environment Day, Sant Kabir Jayanti	
3	12th June	Friday	Anti Child Labour Day	
4	14 th June	Sunday	World Blood Donor Day	
5	21st June	Sunday	Yoga Day- (Celebration by NCC Cadets) Father's Day	
6	26th June	Friday	International Anti Drug Day	
		1	JULY	
S.No	<u>Date</u>		<u>Day</u>	
1	11th July	Saturday	World Population Day	
2	15th July	Wednesday	World Youth Skill Day	
3	26th July	Sunday	Kargil Vijay Diwas	
4	28th July	Tuesday	World Hepatitis Day	
5	31st July	Friday	Martyrdom Day Of Saheed Udam Singh Ji	
			(Tribute by Running House) AUGUST	
C NI-	Data			
<u>S.No</u> 1	Date 3rd Aug	Monday	<u>Day</u> Raksha Bandhan	
2	8 th Aug	Saturday	World Senior Citizen Day	
3	11 th Aug	Tuesday	Krishna Janamashtami	
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STUDY F	LAN		3º Class- 10th (2020-21)	
			(Celebration by Senior Wing- Matki Fod +	
			Kirtan Sandhya)	
4	12th Aug	Wednesday	World Youth Day	
5	15th Aug	Saturday	Independence Day- (Celebration by Pre-	
			Primary Block)	
6	18th Aug	Tuesday	Sanskrit Diwas- (Celebration By Sanskrit	
7	19th Aug	Wednesday	Department) World Photography Day, Parkash Utsav Shri	
1	17 Mug	VVeditesday	Guru Granth Sahib Ji	
8	20th Aug	Thursday	National Sadhbhavana Diwas	
9	21st Aug	Friday	Teej (Hari Talika)- Celebration by 11 th & 12 th	
10	29th Aug	Saturday	National Sports Day- Celebration by Sports	
			Department SEPTEMBER	
C No	Deta	<u>.</u>		
<u>S.No</u> 1	Date 5 th Sep	Saturday	<u>Day</u> Teachers Day (Guru Utsav)	
2			,	
1 2	8 th Sep	Tuesday	International Literacy Day- (Celebration by Punjabi Department)	
3	14th Sep	Monday	Hindi Diwas- (Celebration by Hindi	
	-		Department)	
4	15 th Sep	Tuesday	International Democracy Day	
5	16th Sep	Wednesday	World Ozone Preservation Day	
6	21st Sep	Monday	International Peace Day	
7	27th Sep	Sunday	World Tourism Day	
8	29th Sep	Tuesday	World Heart Day	
			<u>OCTOBER</u>	
S.No	<u>Date</u>		<u>Day</u>	
1	2nd Oct	Friday	Mahatama Gandhi Jayanti & Non Violence	
2	2rd Oct	Caturada	Day, Lal Bahadur Jayanti (Tribute by Houses)	
	3rd Oct	Saturday	World Nature Day	
3	4th Oct	Sunday	World Animal Day	
4	6th Oct	Tuesday	World Wildlife Day	
5	8th Oct	Thursday	Indian Air Force Day	
6	11 th Oct	Sunday	International Girl Child Day	
7	15th Oct	Thursday	World Students Day	
8	16th Oct	Friday	World Food Day- (Celebration By UKG Class)	
9	17 th Oct	Saturday	Maharaja Aggarsain Jayanti	
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STUDY P	STUDY PLAN 3º Class- 10 th (2020-21)			
10	24th Oct	Saturday	United Nations Day- (Celebration by Social Science Department)	
11	25th Oct	Sunday	Dusshera- (Celebration by Running House)	
12	31st Oct	Saturday	Maharishi Valmiki Jayanti, National Unity Day	
	<u> </u>]	NOVEMBER	
S.No	Date		Day	
1	1st Nov	Sunday	Punjab Diwas	
2	2nd Nov	Monday	Prakash Guru Parb of Shri Ram Dass ji	
3	4th Nov	Wednesday	Karva Chauth	
4	7th Nov	Saturday	World Cancer Awareness Day	
5	11th Nov	Wednesday	National Education Day	
6	14th Nov	Saturday	Diwali, Children Day- (Thanks Giving Activity By Senior Block)	
7	15th Nov	Sunday	Goverdhan Puja , Vishavkarma Day	
8	16th Nov	Monday	Bhai Dooj	
9	19th Nov	Thursday	National Integration Day	
10	26th Nov	Thursday	Communal Harmony	
11	30 th Nov	Monday	Shri Guru Nanak Dev Jayanti- (Celebration By Punjabi Department)	
	DECEMBER			
S.No	Date		<u>Day</u>	
1	1st Dec	Tuesday	World AIDS Day	
2	2 nd Dec	Wednesday	World Computer Literacy Day (Celebration by Computer Department)	
3	4th Dec	Friday	Indian Navy Day	
4	7 th Dec	Monday	Indian Armed Forces Flag Day	
5	9th Dec	Wednesday	International Anti Corruption Day	
6	10 th Dec	Thursday	Human Rights Day	
7	22 nd Dec	Tuesday	National Mathematics Day (Celebration by Maths Department)	
8	23rd Dec	Wednesday	Shradhanand Balidan Diwas, National Farmer's Day	
9	25th Dec	Friday	Christmas Day	
10	26 th to 28 th Dec	Saturday, Sunday, Monday	Shaheedi Jor Mela (By Primary Block)	
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STUDY F	PLAN		30 Class- 10th (2020-21)	
	JANUARY			
S.No	<u>Date</u>		<u>Day</u>	
1	1st Jan	Friday	New Year (Hawan Yajna)	
2	10 th Jan	Sunday	World Laughter Day	
3	12 th Jan	Tuesday	National Youth Day	
4	13 th Jan	Wednesday	Lohri- (Celebration by Running House)	
5	14 th Jan	Thursday	Makar Sankranti	
6	20th Jan	Wednesday	Guru Gobind Singh Ji Jayanti	
7	23th Jan	Saturday	Neetaji Subhash Chandra Bose Birth Anniversary	
8	25 th Jan	Monday	National Voters Day	
9	26 th Jan	Tuesday	Republic Day- (Celebration by Running House)	
10	30 th Jan	Saturday	Mahatama Gandhi Martyrdom Day- (Tribute by Running House)	
			FEBRUARY	
<u>S.No</u>	<u>Date</u>		<u>Day</u>	
1	4th Feb	Thursday	World Cancer Day	
2	16 th Feb	Tuesday	Basant Panchmi- (Celebration by Running House)	
3	20th Feb	Saturday	World Day of Social Justice	
4	21st Feb	Sunday	Maharishi Dayanand Saraswati Jayanti-	
<u> </u>	20-4 F 1	70. 1	(Shradanjali by Running House)	
5	23rd Feb	Tuesday	World Peace & Understanding Day	
6	24 th Feb	Wednesday	Rishi Bodh Utsav	
7	27 th Feb	Saturday	Guru Ravidas Jayanti	
8	28th Feb	Sunday	National Science Day	
			<u>MARCH</u>	
S.No	<u>Date</u>		<u>Day</u>	
1	3 rd March	Wednesday	National Defence Day	
2	8 th March	Monday	International Women's Day	
3	11 th March	Thursday	Maha Shiv Ratri	
4	15 th March	Monday	World Consumers Rights Day	
5	22 nd March	Monday	World Water Day	
6	29th March	Monday	Holi	

आर्य पर्व

S.No	<u>Date</u>	<u>Day</u>	
1	6 अप्रैल	सोमवार	आर्य समाज स्थापना दिवस
2	14 अप्रैल	मंगलवार	पं डत गुरुदत वद्यार्थी जन्म दिवस
3	19 अप्रैल	र ववार	महात्मा हंसराज दिवस
4	1 जून	सोमवार	डी.ए.वी. स्थापना दिवस
5	14 सतम्बर	सोमवार	गुरु वरजानंद पुण्यति थ
6	5 अक्तूबर	सोमवार	स्वामी वरजानंद जयंती
7	16 अक्तूबर	शुक्रवार	महात्मा आनंद स्वामी जन्म दिवस
8	24 अक्तूबर	शनिवार	महात्मा आनंद स्वामी पुण्यति थ
9	27 अक्तूबर	मंगलवार	ऋ ष निर्वाणोत्सव
10	14 नवम्बर	शनिवार	स्वामी दयानंद वरजानंद की कुटिया
11	15 नवम्बर	र ववार	महात्मा हंसराज पुण्यति थ
12	21 नवम्बर	शनिवार	रामचंद्र छत्रपति ब लदान दिवस
13	19 दिसम्बर	शनिवार	पं डत राम प्रसाद बिस्मिल ब लदान दिवस
14	23 दिसम्बर	बुधवार	स्वामी श्रद्धानंद ब लदान दिवस
15	12 जनवरी	मंगलवार	स्वामी ववेकानंद जयंती
16	28 जनवरी	वीरवार	लाला लाजपतराय जयंती
17	21 फ़रवरी	र ववार	मुनि मुनिश्वरानंद पुण्यति थ
18	28 फ़रवरी	र ववार	ऋ ष दयानंद सरस्वती जन्म दिवस
19	4 मार्च	वीरवार	ऋ ष बोधोत्सव
20	19 मार्च	शुक्रवार	पं इत गुरुदत वद्यार्थी पुण्यति थ

Holidays List Session 2020-21

S.No	<u>Date</u>	Day	
1	13th April	Monday	Baisakhi
2	25th April	Saturday	Parshu Ram Jayanti
3	25th May	Monday	Eid Ul Fitar
4	3rd Aug	Monday	Raksha Bandhan
5	11th Aug	Tuesday	Krishan Janamashtami
6	15 th Aug	Saturday	Independence Day
7	2 nd Oct	Friday	Mahatama Gandhi Jayanti
8	17th Oct	Saturday	Maharaja Aggarsain Jayanti
9	25 th Oct	Sunday	Dussehra
10	31st Oct	Saturday	Maharishi Valmiki Jayanti
11	4th Nov	Wednesday	Karva Chauth
12	14th Nov	Saturday	Diwali
13	15th Nov	Sunday	Vishavkarma DAY/ Goverdhan Puja
14	16th Nov	Monday	Bhai Dooj
15	24th Nov	Tuesday	Martyrdom Day of Shri Guru Teg Bahadur Ji
16	30th Nov	Monday	Parkash Purb of Shri Guru Nanak Dev Ji
17	25 th Dec	Friday	Christmas Day
18	26th to 28th	Saturday to	Jor Mela
	Dec	Monday	
19	14 th Jan	Thursday	Makar Sankranti
20	20th Jan	Wednesday	Shri Guru Gobind Singh Jayanti
21	26 th Jan	Tuesday	Republic Day
22	27 th Feb	Saturday	Shri Guru Ravidas Jayanti
23	11th March	Thursday	Maha Shivratri

SCHOOL HOUSES

SESSION -2020-21

Name of House	Motto	Tagline	Colour	LOGO
Honesty House	Be Loyal and Trustworthy	The Art Of Being Truthful	Saffron	Too sale
Work culture House	Effective Management and Team Work	Goodness and hard work always rewarded with respect	Red	
Faithful House	Faithful Action is the Fundamental key to Success	Satayamev Jayate	Blue	
Discipline House	Self control Or Self command	Discipline turns ability into achievement	Green	Self-Discipline

DO's AND DON'Ts

Do's

- 1. Give due regards to your elders.
- 2. Prepare yourself well to perform well.
- 3. Converse in English in School Campus.
- 4. Come to school well groomed, in proper Uniform.
- 5. Bring the student diary to school daily.
- 6. Be regular in attendance and never be late to school. Attend morning assembly without fail.
- 7. Keep your classroom and school premises clean and tidy.
- 8. Turn off the taps after use.
- 9. Switch off fans and lights when not in use.
- 10. Be fair and honest at work. Always be considerate of the rights of others.
- 11. Make use of the Library.

Don'ts

- 1. Do not bring precious articles in school.
- 2. Do not damage the school property.
- 3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus
- 4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc
- 5. Do not absent yourself from school. 75% attendance is the minimum requirement.
- 6 Do not use abusive language.
- 7. Do not pluck flowers. Never touch electric plugs.
- 8. Do not wear expensive jewellery to school.
- 9. Don't involve in physical fights.
- 10. Do not come in personal vehicles to school.

CODE OF CONDUCT

- ❖ Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- * Ensure proper order and discipline while moving to the playground /assembly / library or any lab.
- Library books must be handled with extra care and must be returned in time.
- Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- ❖ Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- ❖ Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- ❖ Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.
- Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.

TEN PRINCIPLES OF THE ARYA SAMAJ

- 1. God is the primary source of all true knowledge and of all that can be known through it.
- 2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginning less, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
- 3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
- 4. We should always be ready to accept the truth and give up untruth.
- 5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
- 5. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
- 6. We should treat all people with love, fairness and due regards for their merit.
- 7. One should aim at dispelling ignorance and promoting knowledge.
- 8. One should not only be content with one's own welfare but should look for it in the welfare of other also.
- 10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

आर्य समाज के नियम

- 1. सब सत्य वद्या और जो पदार्थ वद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
- 2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वांतर्यामी, अजर, अमर, अभय, नित्य, प वत्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
- 3. वेद सब सत्य वद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
- 4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
- 5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का वचार करके करना चाहिए |
- 6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना |
- 7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए ।
- 8. अ वद्या का नाश और वद्या की वृद्ध करनी चाहिए।
- 9. प्रत्येक को अपनी ही उन्नित से संतुष्ट न रहना चाहिए, कंतु सबकी उन्नित में अपनी उन्नित समझनी चाहिए।
- 10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।