



## D.A.V. PUBLIC SCHOOL, NEW PANVEL

Date:- 01.08.2019

**Give a Life Saving Gift –Donate Blood**  
**Just 450ml of blood can save as many as three lives**

Dear Parents,

D.A.V. Public School, New Panvel has organized a Blood Donation Camp on **Saturday 3<sup>rd</sup> August 2019 from 8.30 am to 1.00 pm** for the seventh consecutive year.

This initiative is also to create awareness about blood donation and importance of being fit and healthy.

We request you to be a part of this initiative and give life to people who are seriously injured, facing surgery or being treated for life threatening diseases.

Regards,

***Principal***

**Note : Please turn over for the Eligibility Criteria, as per the blood bank, to donate blood.**

WHO CAN DONATE		YOU CANNOT DONATE BLOOD IF YOU HAVE	
Age	18 to 65 years.	Hyper Tension	
Weight above	45 Kgs	Alcohol Intake	Within 24 Hrs.
Hemoglobin	12.5 g/dL	Antibiotics Intake	Within 3 Days
Pulse	Normal	Any Vaccination	Within 1 Month
Temperature	Normal	Minor Surgery	Within 3 Months
Last Blood Donation	Three Months Before	Major Surgery	Within 6 Months
Free from Skin diseases at the site of Blood collection		Malaria	Within 6 Months
		Blood Transfusion	Within 6 Months
		Tattoo	Within 6 Months
		Typhoid	Within 1 Year
		Hepatitis	Within 1 Year
		Rabies Vaccination	Within 1 Year
		Abortion	Within 6 Months
		Tuberculosis	Within 2 Years
		and if you are a Lactating Mother	Within 1 Year