**DAV PUBLIC SCHOOL CHANDRASEKHAR PUR , BBSR-21**

**POST SUMMER VACATION TEST -2022-23**

**CLASS-XII**

**SUB- PHYSICAL EDUCATION [048 THEORY]**

**Time : 2 Hours Maximum Marks -35**

General instruction:

* The question paper contains 13 questions.
* All questions are compulsory.
* Questions no 01 to 04 carry 1 mark for each answer to these questions should be approximately 10-20 words each.
* Question no 05-11 carry 3 marks each. Answer to these questions should be approximately 30-50 words each.
* Question no 12 and 13 carry 5 marks each. Answer to these questions should be approximately 75-100 words each.

**SECTION-A**

|  |  |  |
| --- | --- | --- |
| Q1 | Define the planning in the management of sports. | [1] |
| Q2 | Elaborate the meaning of spinal curvature. | [1] |
| Q3 | What does the word Seeding mean? | [1] |
| Q4 | Explain the meaning of Bye in fixture.  OR  Elucidate the meaning of fixture. | [1] |
|  | **SECTION-B** |  |
| Q5 | Distinguish between organising & staffing |  |
| Q6 | Explain the function of Directing | [3] |
| Q7 | What does kyphosis mean ? Elaborate its corrective measure in detail. | [1+2] |
| Q8 | Discuss the meaning of Lordosis and briefly explain the corrective measures of Lordosis .  OR  Elaborate scoliosis and its corrective measures | [1+2] |
| Q9 | Draw a Knock-out fixture for 9 teams with all computation | [3] |
| Q10 | Define League fixture. Draw a League fixture for 9 teams in using cyclic method. | [1+2] |
| Q11 | Draw a Knock-out fixture for 13 teams in which 4 Teams are seeded.  OR  Draw a Knock-out fixture for14 teams in which 2 Teams are seeded. | [3] |
|  | **SECTION-C** |  |
| Q12 | What does Knock-out fixture mean? Draw a Knock-out fixture for 21 teams in 4 Quarters. | [1+4] |
| Q13 | Distinguish between American method and British method with example. Also draw a league fixture for 9 teams in using stair case method.  OR  Briefly explain the meaning of leg related deformities. Describe in detail the corrective measures of Flat Foot. | [1+4] |