**DAV PUBLIC SCHOOL CHANDRASEKHAR PUR , BBSR-21**

**POST SUMMER VACATION TEST -2022-23**

**CLASS-XII**

 **SUB- PHYSICAL EDUCATION [048 THEORY]**

 **Time : 2 Hours Maximum Marks -35**

 General instruction:

* The question paper contains 13 questions.
* All questions are compulsory.
* Questions no 01 to 04 carry 1 mark for each answer to these questions should be approximately 10-20 words each.
* Question no 05-11 carry 3 marks each. Answer to these questions should be approximately 30-50 words each.
* Question no 12 and 13 carry 5 marks each. Answer to these questions should be approximately 75-100 words each.

**SECTION-A**

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| Q1 | Define the planning in the management of sports. | [1] |
| Q2 | Elaborate the meaning of spinal curvature. | [1] |
| Q3 | What does the word Seeding mean? | [1] |
| Q4 | Explain the meaning of Bye in fixture.ORElucidate the meaning of fixture. | [1] |
|  |  **SECTION-B** |  |
| Q5 | Distinguish between organising & staffing  | $$ [1\frac{1}{2}+1\frac{1}{2}]$$ |
| Q6 | Explain the function of Directing  | [3] |
| Q7 | What does kyphosis mean ? Elaborate its corrective measure in detail.  | [1+2] |
| Q8 | Discuss the meaning of Lordosis and briefly explain the corrective measures of Lordosis .ORElaborate scoliosis and its corrective measures | [1+2] |
| Q9 | Draw a Knock-out fixture for 9 teams with all computation | [3] |
| Q10 | Define League fixture. Draw a League fixture for 9 teams in using cyclic method. | [1+2] |
| Q11 | Draw a Knock-out fixture for 13 teams in which 4 Teams are seeded.ORDraw a Knock-out fixture for14 teams in which 2 Teams are seeded. | [3] |
|  |  **SECTION-C** |  |
| Q12 | What does Knock-out fixture mean? Draw a Knock-out fixture for 21 teams in 4 Quarters. | [1+4] |
| Q13 | Distinguish between American method and British method with example. Also draw a league fixture for 9 teams in using stair case method.ORBriefly explain the meaning of leg related deformities. Describe in detail the corrective measures of Flat Foot. | [1+4] |