

PROMOTION OF VALUES EDUCATION

(Being a Peace Maker through values of Kindness, Sensitivity and Peace)

AREA- PROMOTION OF VALUE EDUCATION

AN INITIATIVE BY-

D.A.V. INTERNATIONAL SCHOOL, AHMEDABAD

OFF PRAHLAD NAGAR CORPORATE ROAD,

AHEAD OF VODAFONE CORPORATE HOUSE,

ADJ. ADANI VIDYA MANDIR, MAKARBA,

AHMEDABAD

PIN-380051

Name of the Principal- *Dr. Nivedita Ganguli (Ph.D gold medallist in Psychology)*

Name of the contributing teacher- Ms. Baisdhali N (MSc. B.Ed,) Dimple S (M.com, B.Ed), Sagarika M (B.sc. B.Ed)

Names of the contributing students-

VK Darshini 7 F, Jiya Gada 7 E, Chiranjibi S 7D, Saakshi Shelot 6 A, Aryan Desai 7C

Contact details-

info@davahmedabad.net

Phone Number: 079-40125555

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ABSTRACT

Value education helps in grooming overall personality of an individual, thereby polishing one's self esteem, self confidence, self respect and positive attitude to make this world a better place to live in. It also inculcates the basic value of helping to create a collaborative and joyful society at large.

As per **Maslow hierarchy** theory, an individual should ultimately reach to the level of self actualization to lead a peaceful and happy life.

Keeping this in time three tier planning has been done in the school.

- i. Integrating values with academics
- ii. Value based Project - Anti bullying awareness campaign
- iii. Community outreach programmes- Food banking, Plogging & Students exchange programme with municipal school

A child can only flourish in a safe and secured environment through proper guidelines and inculcation of moral values through integrated education.

INTRODUCTION

Rather than random project selection, a scientific method was used to finalize the activities and projects to be undertaken. The teachers were given a questionnaire to highlight the values they think are deteriorating, and the values they feel should be focused on. Alongside, an activity of 'Catharsis' was conducted in the entire school wherein the students were asked to share their pain areas. Analysing the teachers' questionnaire and the students' catharsis activity, it was found that 'Bullying' was a prime concern due to the deteriorating values of Kindness, sensitivity and Peace. Therefore, the planning was based on focusing on these three values with the target to deal with the Bullying.

Taking this in consideration we have started our year long initiative to promote value education- **"I am a Peace Maker"**.

The projects designed to enhance the values of Kindness, Sensitivity and Peace, the following projects were undertaken:

- 1. FOOD BANK: Students were encouraged to donate food, and each day around 150 to 300 underprivileged children are fed across Ahmedabad.**
- 2. PLOGGING: An interesting activity of Fun Jogging + Picking up of Plastic Litters**
- 3. Emotional Connect with Old aged and orphans: The students are taken to various old age homes and orphan houses, wherein they have a 'PERSONAL SHARING SESSION'.**
- 4. Values in integration with content of Academics: The values were integrated with the content of the syllabus in the subjects, with special focus on Kindness, Sensitivity and Peace.**
- 5. Series of Workshops with real life practice of Values**

CASE PRESENTATION

a. Identification of the Problem-

Deteriorating values amongst students.

b. Analysis of the problem-

Based on the questionnaire analysis and catharsis activity of students, primarily it was found that Bullying is the prime concern. A team of teachers and students were formed who researched on the reasons for increased bullying tendencies amongst students. The team found that to deal with the problem of bullying, 3 values need to be focused: Kindness, Sensitivity and Peace.

Pre Data based on Catharsis: 1265 students out of 2700 mentioned about bullying in some form or the other.

Pre Data based on Teacher's questionnaire: Out of 30 teachers, 21 teachers highlighted the problem emerged due to bullying in and outside classroom.

They found values deterioration, Rigidity, Anger control, Lack of sharing and caring etc

c. Objectives-

- To stimulate the three values of Kindness, Sensitivity and Peace amongst students.
- To give the experience of 'feel good' factor by practicing those values.
- To utilize the human resource of students in contributing to the society at large.
- Enhance the positive feelings in and out.

d. Planning done-

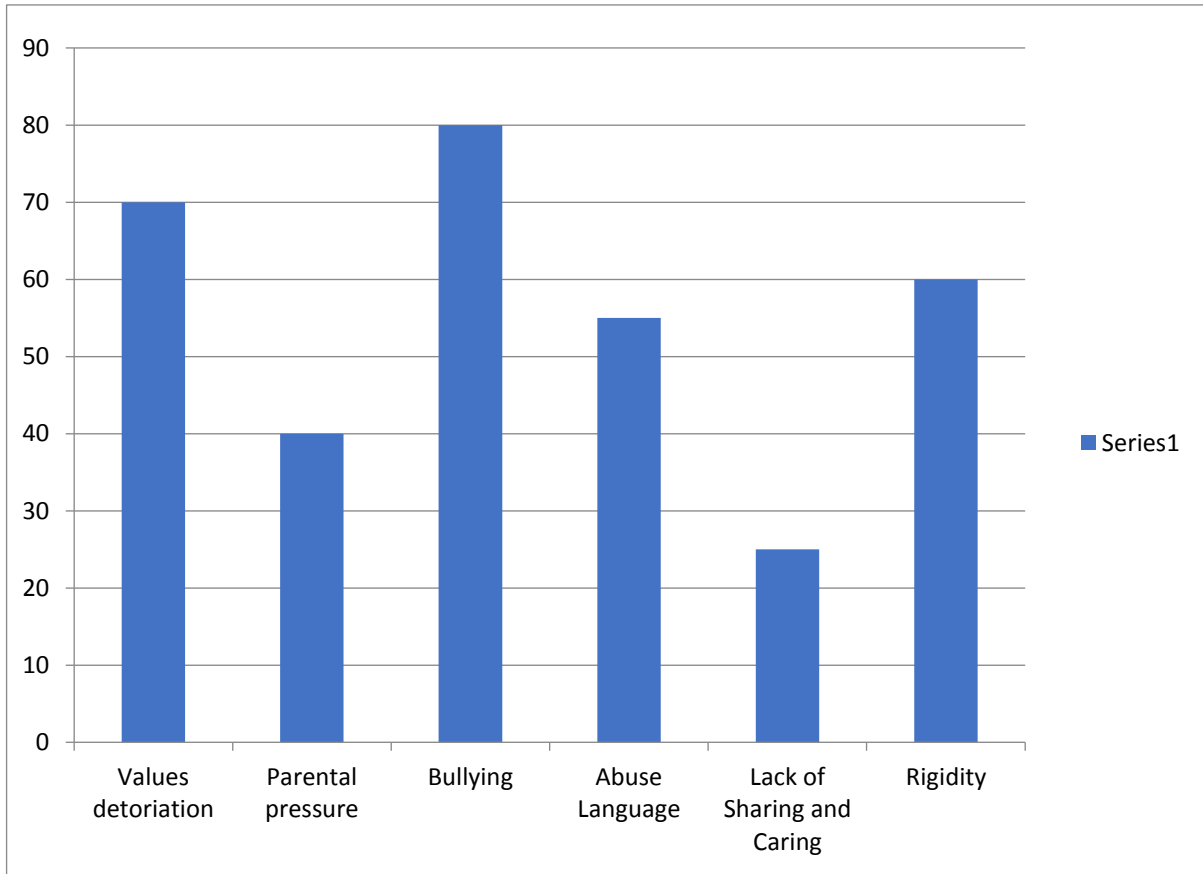
Planning done in 3 steps:

- i. Integrating values with academics
- ii. Value based Project - Anti bullying awareness campaign
- iii. Community outreach programmes- Food banking (Donate food and serve), Plogging (Fun Jogging + Picking up Plastic Litters), Students exchange programme with municipal school (Students of DAV teaching

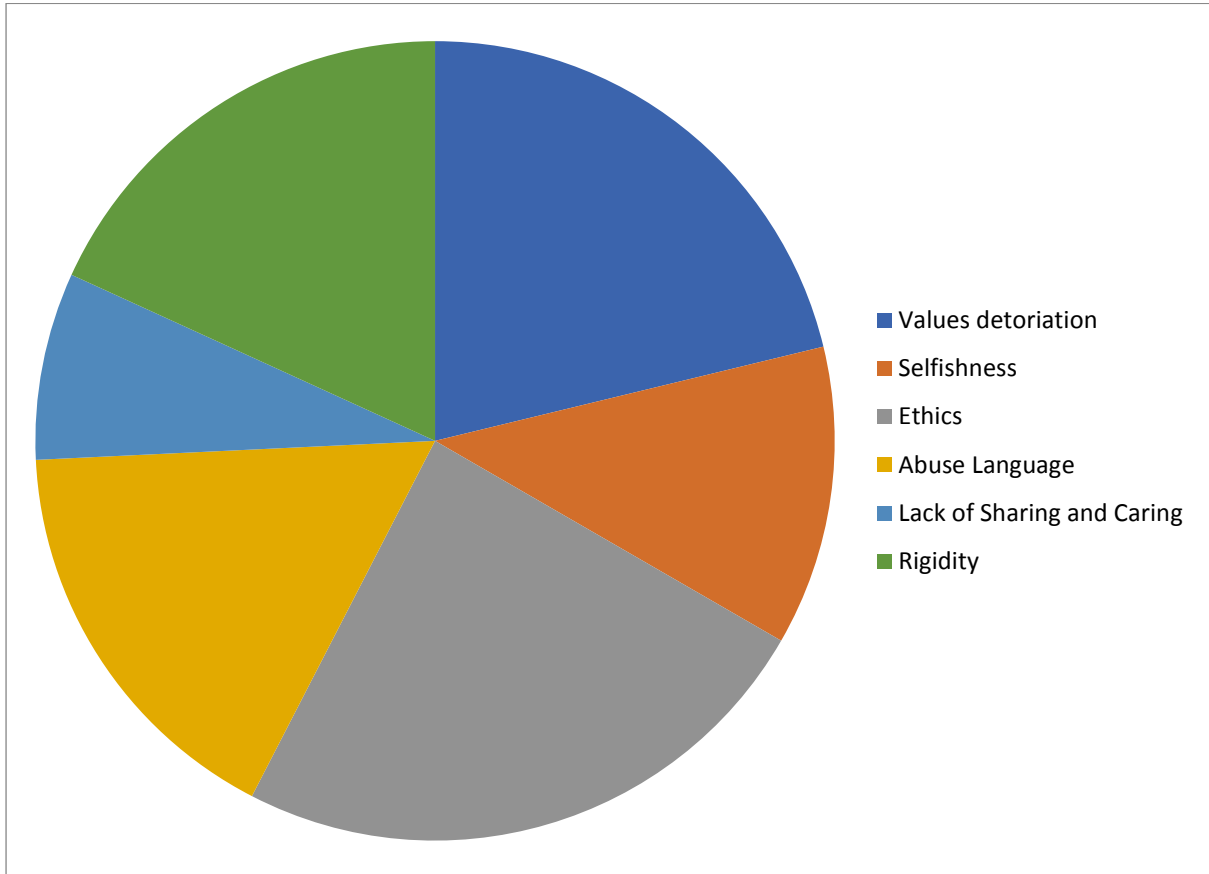
Maths and English, while the underprivileged municipal children sharing their commitment to study.

e. Success criteria and possible alternatives decided

- Pre-Analysis has been conducted wherein the following was the result:



To conduct Post Catharsis Activity and Teacher's questionnaire to find the change in the data of bullying.



f. Implementation-

For the implementation, an implementation and execution team was created. Parents were also involved in the implementation process. Step by step Implementation are as follows:

- I. **Food Bank Implementation:** - An idea came to the mind of Dr. Nivedita Ganguli Principal of DAV International School, to take a noble initiative to meet the hunger of underprivileged children. She collaborated this idea with the Robinhood Army (NGO). The NGO happily agreed to the proposal. She discussed with the team of coordinators. They felt that it would create a chaos among children if it is done on the daily basis as it would hinder the routine academics of the students. Even the teachers said that they would find difficult in completion of syllabus. Later on, Section coordinator Anu L suggested that this mission could be possible by proper

planning. Where in a schedule of places for the distribution of food as per the quantity, class wise collection of food as per on the planned days were made.

Everyday a section is donating the food and the other team of students go along the with the teachers to distribute the food in the allotted areas. If the food is more than enough then the admin staffs goes to distribute the food to the relative's patient in the civil hospital.

(Evidences presented in form of Photographs, feedback of students, parents and teachers)

Plogging- Hundreds of ruminants die everyday due to plastic litters which get choked in their food pipe. Moreover hazardous plastic create threat to the environment in the form of soil pollution. Just after the first PTA meeting a parent gave that nice idea of plogging to our principal ma'am Dr. Nivedita Ganguli but the implementation of that programme was very difficult as proper coordination was lacking. NGO Green Knights came forward with the idea of Plogging which is a combination of JOGGING and PICKING PLASTIC LITTER served as a good workout in combination with service for community. To make this a grand success and fun filled for the children the initiative was taken by the team of DAV for the inculcation of sensitivity and responsibility towards the environment. When one runs and picks up litter, it provides fun and also variation in body movements by adding bending, squatting and stretching, along with running. As a part of 'Swachhata Ek Seva Campaign' students in collaboration with parents, teachers, Green Knights (NGO) and AMC have done plogging twice a week in different areas of Ahmedabad. AMC was delighted as the small students were collecting 15kgs to 24 kgs per plogging activity. It would further sensitize the community and mass towards environmental hazards and seeking solutions for sustainability of the environment.

g. Challenges faced in implementation-

- When the project was initiated we received high quantity of food but later on the continuity of food collection was not upto the mark. So 2 minutes discussion was done by all the teachers in the class motivating the children to contribute in the food bank.
- Time management for the distribution of food was also a big challenge. As completion of syllabus could not be compromised.
- Coordination with AMC owing the weight and proper disposal of the plastic
- Involvement of students in the distribution process was a big task.

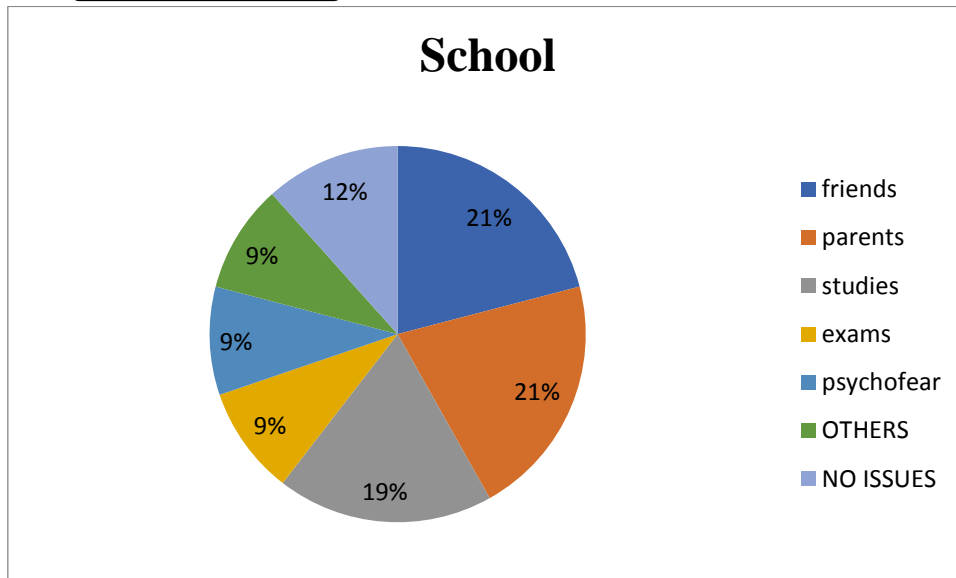
h. Resources involved (both Human and Material)-

Parents, Teachers, Students, NGOs- Robin Hood Army for Food Bank and Green Knights for Plogging.

Material: Food, Bags, Transport

EVIDENCES

CATHARSIS



The above chart describes the percentage analysis of various issues faced by children of D.A.V international school. It is the overall analysis of data collected from classes 1 to 12. It is observed that both parental and friendship related issues take up a majority in the issues faced by students

Magic Of Catharsis

The persons who are mentally unhealthy and come in front of me. I don't like it. Like the people who talk unwantedly, the people like ~~them~~ doing mistake and are telling lie that they haven't done it, the people like teasing. I am really feeling bad for them because ~~we~~ who are like this they will today or ~~some~~ tomorrow they will be caught and they will feel bad and will think I should have stopped it before itself. I am really feeling bad for them. Even one incident happened with me also. In my bus one didi called Dhruvi in 9th c she from the starting was doing these ~~the~~ type of things like teasing, speaking unwantedly, shouting, not obeying to elders, using abusive language. she used it in front of me. I told it to my mom she complained it to the principal. she got caught. and also many ~~to~~ people agree with

Value Based Question

The class teacher told the students that she would like them to follow a special practice of Japanese schools. Their schools do not keep staff members for cleaning as such. The students, themselves, work as a team and take pride in maintaining the cleanliness of their school. She went on to say that she would like them to replace their old habits by new, better habits in a way similar to 'displacement reactions' in which one element displaces another in a compound.

1. State two values displaced by the Japanese schools.

Open minded and self sufficient

2. Why did the science teacher tell the students that the suggested ideas in a way similar to what happens to displacement reaction?

In displacement reaction weak element displaced by strong element. Similarly, in society old wrong believes should be displaced by the new belief.

3. Give one example of displacement reactions



Name : <u>Chiranjibi S</u>	VISION
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Benefits

- 1) When studies gets combined with values we get to understand the concept of studying with more clarity.
- 2) For those who are unable to understand scientifically ~~it~~ becomes more easier for them to understand in simple manner.
- 3) Other benefits is this that it helps the students to cultivate better habits and make the atmosphere more positive.

FOOD BANK



FOOD BANK

Serial No.	Date	Class	Area Covered	Food Donated By	No. of Individual Served
1	1 st Oct, 2018	1 & 2	Home School, Post office, Civil Hospital, Police station, Akshay Kanya - Bhopal staff	5-C	380
2	3 rd Oct, 2018	5 & 6	Makamba Municipal School & surrounding	5-B	550
3	4 th Oct, 2018	9, 10, 11, 12	Makamba, Railway Crossing & Parkhill nagara	5-D	200
4	5 th Oct, 2018	Pr. Binayak	Prakhal Railway Crossing	5-E	320
5	6 th Oct, 2018	1 & 2	Chandoliya, Civil Hospital & Zangar Sub post office	9A	100
6	8 th Oct, 2018	3 & 4	Sham, Akshay Kanya, Rajah, Jyoti, Bhatnagar	9B	160
7	9 th Oct, 2018	5 & 6	Thakur (village)	9C	70
8	10 th Oct, 2018	7 & 8	Vasara	10A	150
9	11 th Oct, 2018	9, 10, 11, 12	Naxx YMCA	10B	30
10	12 th Oct, 2018	Pr. Binayak	Makamba Rly Crossing & Akshay Kanya	10C	200
11	15 th Oct, 2018	1 & 2	Chandoliya, Akshay Kanya & Naxx Rly Crossing	9A	100
12	22 nd Oct, 2018	3 & 4	YMCA, Makamba	9B	80
13	22 nd Oct, 2018	5 & 6	Makamba	9C	80
14	22 nd Oct, 2018	3 & 4	Thakur area	6C	40
15	24 th Oct, 2018	5 & 6	Vasara	6G	175
16	25 th Oct, 2018	9, 10, 11 & 12	Thakur, Naxx	6F	120
17	27 th Oct, 2018	1 & 2	Chandoliya	6E	80
18	27 th Oct, 2018	3 & 4	Chandoliya	6D	80

PLOGGING ACTIVITY



Plastic

	Date	Class and Section	No. of Students Participated	Area..... Covered....	Amount of Plastic Collected--
1-	1 st Oct 2018	5-A'	300	Mahoba Rajapur & Bahadnagar	24.3 Kgs
2-	8 th Oct 2018	5-B & C'	80	Bahadnagar garden	15.7 Kgs
3-	12 th Oct 2018	5-D & 5-E'	82	Bahadnagar garden & near the roads	8.7 Kgs
4-	15 th Oct 2018	5-F' & 5-G'	77	Jirraj Park	20 Kgs
5-	22 nd Oct 2018	6A & 6B	80	Mahav Talab, Jirraj Park	9 Kgs
6-	24 th Oct 2018	6-C	71		

INTERVIEW GIVEN TO METRO TIMES

MEDIA COVERAGE

MEDIA COVERAGE

BENEFICIARY SATISFACTION

Such a noble initiative is an effort by the school to contribute towards the betterment of the society and putting children in self learning and realisation mode to imbibe moral values so as to make them a better human being. Little efforts made today will surely reap fruits in the years to come.

Feedback:

Name :	Aryan v. Dhasi	PAGE NO.	
Sub :	7C (4)	DATE:	12/11/18

We should always try to explore or know about something important or new rather than giving up or giving orders to colleagues or juniors. Other than that we must know about the matter then answer regarding the same.

FEEDBACK
ON
PLOGGING
AND FOOD BANK

CLASS- 6th A
CLASS TEACHER- MAMTA HASTWALA
NAME- SAAKSHI

It was a very nice concept as we all learnt that we should donate the things and also came to know that the main moto of PLOGGING is that we should make our India clean and segregate the waste and then throw it so, it is useful for us as it is easily converted to compost. In food bank we enjoyed as we saw happiness on the face of the poor children....

- Saakshi

THANK
YOU

Name : Jiya Gada

Sub :

7-E

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FEEDBACK ON ANTI-BULLYING

Everybody finds pleasure in bullying someone, especially school students. But after coming to know the consequences of bullying and being bullied by someone, even the most notorious child will quit bullying. It is a habit, which every one of us should imbibe. Starting a campaign about anti-bullying will really help the victims. It should be our motto in life - not to bully someone and not to tolerate bullying.

CONCLUDING REMARKS

Food banking, Plogging, Value education, Anti bullying is an eye opener for many of us. Its an effort by the school to inculcate values, life skills and promoting awareness towards the environment and society.

GLOSSARY

1. Plogging- Jogging and picking up the plastic litters
2. Collaborating. work jointly on an activity or project
3. imbibe: absorb or assimilate (ideas or knowledge)
4. Underprivileged: poor and needy.
5. Catharsis- Psychological term venting out the stress and depression problems

REFERENCES

<https://www.facebook.com/ahmedabad.dav>

Divya Bhaskar

Times News

Environment Post

APPENDICES

DAV International School Celebrated Cleanup Drive in Ahmedabad with support of the green night NGO



On 1st October, 2018, remembering Father of our Nation, DAV International School initiated an activity named 'Plogging' is a combination of jogging and picking up the plastic litter. The programme was conducted in collaboration with NGO, Green Knights. Dr. Nivedita Ganguli, the Principal of the School who actively involved herself in picking up of litters said, "Through this activity, we wish to give the message to beat the Plastic Pollution, while taking care of our health. I

would be happy if our students can motivate each and every citizen to carry a bag wherever they go, and pick up as much plastic litter as they can and dispose them wisely. While we were into our march, there were several people who asked us what were we doing. I think the questions of the bystanders are itself is a success for today." This will be not a day's activity, but a long term project, wherein the parents, teachers and Principal joined together with the students. The

students pledged that they would not only clean the surrounding, but also take care of the cleanliness of their home. The total plastic waste collected was 24.3 kg, which was then handed over to the AMC. A small change can make a big difference, is the motto believed by DAV Team. As per Riya Doshi, a student of Grade 5A, it was the perfect way to pick-up the litter and the trash on the road. The students were all excited about the activity and enjoyed to the fullest.

Editor: BHAVIK ASHVINBHAI RAMANI

Club & Society

AHMEDABAD | THUR



પ્લોગિંગ-પ્લાસ્ટિકનો કચરો ઉપાડવાની પ્રવૃત્તિ કરવામાં આવી

ડી.એ.વી. ઇન્ટરનેશનલ સ્કૂલ તથા શ્રીન નાઈટ્સ દ્વારા 1 ઓક્ટોબરના રોજ પ્લોગિંગ અને જોગિંગ સાથે પ્લાસ્ટિકનો કચરો ઉપાડવામાં આવ્યો હતો. આ પ્રોગ્રામમાં શાળાના આચાર્ય નિવેદિતા ગાંગુલી અને તમામ વિદ્યાર્થીઓ સહિત શ્રીન નાઈટ્સના દરેક સભ્યો હાજર રહ્યા હતા. દરેકે મળીને કુલ 24.3 કિલોગ્રામ કચરો ભેગો કર્યો હતો.